

# July 2024

Nottawasaga Resident Home Area

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Happy Canada Day!</b>  <b>1</b>	<b>2</b> Catholic Communion (1:1) <b>10:15am Resident's Council &amp; Food Committee (Aud)</b> 1:30pm Active Games (AR) 3:00pm Virtual Family Call (1:1) 3:45pm Gentle Stretch (1:1) <b>6:00pm Quilter's Guild Presentation (*)</b>	<b>3</b> <b>10:30am Bingo (Aud)</b> 1:30pm Brain Games & Tea Time on Patio 3:00pm Gentle Stretch (1:1) 4:00pm Sensory Activities (RR)	<b>4</b> <b>Evening with Jane Pet Therapy Today</b> 10:00am Friendly Visits w/ Michael (1:1) 6:15pm Active Games: Bean Bag Toss (AR) 7:15pm Manicures (1:1)	<b>5</b> <b>10:15am Trio Bike (*)</b> 1:30pm Exercise Class (TVL) 2:30pm Sensory Spa (RR) 3:30pm Hall Strolls (1:1)	<b>6</b> <b>Morning with Lindsay 10:30am Trio Bike (*)</b> 10:45am Chaplain Visits w/ Andrew (1:1) 1:30pm Feel Good Stories (AR)	<b>7</b> <i>World Chocolate Day</i> <b>Afternoon with Lindsay</b> 1:30pm Chocolate Day Trivia & Facts (TVL) 3:00pm Tea & Talk: Monet's Art And Life (Patio) 4:00pm Water the Greenery (1:1)
<b>8</b> 10:00am Monday Manicures (1:1) 11:00am Restorative Walks (1:1)	<b>9</b> <b>Morning with Lindsay 11:30am Picnic &amp; Active Games at Henderson Park</b> 3:00pm Virtual Family Call (1:1)	<b>10</b> <b>Afternoon with Steve 1:30pm Unit Bingo (I/AR) 3:30pm Catholic Mass (C) 4:15pm Gentle Stretch (1:1)</b>	<b>11</b> <b>Pet Therapy Today</b> 10:00am Library Visits/Exploring the Computer 1:30pm Themed Sensory Box (1:1) 2:30pm Exercise Class (TVL) 3:30pm Friendly Visits (1:1)	<b>12</b> <b>7:30am Breakfast Camp Out (Adjala Patio) 10:30am Ecumenical Church Service (Aud) 1:30pm Birthday Party w/ Yew Three (Aud) 4:00pm Gentle Stretch (1:1)</b>	<b>13</b> <b>Evening with Steve</b> 10:45am Chaplain Visits w/ Andrew (1:1) 6:15pm Active Games: Bean Bag Toss Target Toss (AR) 7:00pm Chicken Soup for the Soul (TVL)	<b>14</b> 11:00am Exercise Group w/ Amber 
<b>15</b> 10:00am Sensory Boxes (RR) 11:00am Restorative Walks (1:1) <b>1:30pm Georgian Downs (*/\$)</b> 2:00pm Visit Your Neighbor (1:1) 3:30pm Gentle Stretch (1:1)	<b>16</b> Catholic Communion (1:1) 1:30pm Exercise Class (TVL) 3:00pm Virtual Family Call (1:1) 4:00pm Mind and Melody (1:1) 6:15pm Sleepy Time Sensory Spa (RR) 7:00pm Word Games (TVL)	<b>17</b> <b>10:30am Bingo (Aud) 1:30pm Tiki Mocktail Patio Social (Adjala Garden) 3:30pm Water the Greenery (1:1)</b>	<b>18</b> <b>Evening with Sherri Pet Therapy Today</b> 3:30pm Manicures & Light Therapy w/ Sherri <b>6:45pm Garden Party w/ Naomi Bristow (Adjala Patio)</b>	<b>19</b> <b>9:30am Hockley Valley Pollinator Garden: Sensory Strolls (*)</b> 1:30pm Exercise Class (TVL) 2:30pm Gentle Stretch (1:1) 3:30pm Sensory Activities (RR)	<b>20</b> <b>Afternoon with Lindsay</b> 10:45am Chaplain Visits w/ Andrew (1:1) 1:30pm Active Games: Bowling <b>2:00pm Ecumenical Service w/ Andrew (C)</b> 3:30pm Water the Greenery (1:1)	<b>21</b> <b>Afternoon with Lindsay</b> 1:30pm Unit Bingo (TVL) 3:00pm Patio Time (Patio) 4:00pm Friendly Visits W/Coffee (1:1)
<b>22</b> <b>Morning w/ Jane</b> 10:00am Crafty Creations: Olympic Flag 11:00am Restorative Walks (1:1) 1:30pm Exercise Class (TVL) 2:30pm Gentle Stretch (1:1) 3:30pm Monday Manicures (1:1)	<b>23</b> <b>Evening with Lindsay</b> 3:00pm Virtual Family Call (1:1) 6:15pm Active Games: Target Toss 7:15pm Daily Bread Readings (RR)	<b>24</b> <i>Cowboy Day</i> <b>Afternoon with Jane 1:30pm Bingo (Aud) 3:15pm Parachute Games (TVL) 4:15pm Cowboys History &amp; Trivia (TVL)</b>	<b>25</b> <b>Pet Therapy Today</b> 11:00am Active Game: Reindeer Games (T/AR) 1:30pm Experience Paris: Travelogue and Culinary Adventure (TVL) 3:15pm Gentle Stretch (1:1) 4:00pm Decorating: Olympic Team Colors (TVL)	<b>26</b> 2:00pm Friendly Visits W/Brinley <i>(2024 Summer Olympic Games Opening Ceremony)</i>	<b>27</b> <b>Evening with Jane</b> 10:45am Chaplain Visits w/ Andrew (1:1) <b>1:30pm Kite Festival at Mel Mitchell Park</b> 4:15pm Fold and Sort (1:1) <b>6:15pm Community Walk to Tim Hortons (*/\$)</b>	
<b>29</b> 10:00am Restorative Walks (1:1) 11:00am Visit Your Neighbor (1:1) <b>1:30pm Ice Cream Truck-Hosted By Residents Council (FPL)</b> 3:30pm Exercise Class (TVL) 4:15pm Gentle Stretch (1:1)	<b>30</b> <i>International Friendship Day</i> Catholic Communion (1:1) 1:30pm Famous Friend Duo Trivia (TVL) 3:00pm Virtual Family Call (1:1) 3:30pm Hand Exercises/Massages (1:1) 6:15pm Friendly Visits (1:1) 7:15pm Heartwarming Stories of Friendship (RR)	<b>31</b> 10:00am Chicken Soup for the Soul <b>11:30am Resident Council BBQ Fundraiser (*/\$) 3:30pm Bingo (Aud)</b>	<b>2024 Olympic Games July 26-Aug. 11</b>		<b>Legend</b> P - patio   FPL - Front Parking Lot 1:1 - 1 to 1 program   TVL - TV Lounge RR - Relaxation Room   L - Library AR - Activity Room   Aud. - Auditorium * - Sign Up Required   \$ - Cost Associated	