

Innifil Unit

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x.5081

July 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1  Happy Canada Day!	2 10:15am Resident's Council & Food Committee (Aud) 10:30am Mind and Melody (1:1) 1:30pm Canadian Trivia (TVL) 3:45pm Outdoor Strolls 6:00pm Quilter's Guild Presentation (*)	3 10:30am Bingo (Aud) 3:15pm Montessori Activities (1:1) 4:00pm Exercise: Move to Music (TVL) 6:15pm Manicures (1:1) 7:15pm Water the Greenery	4 Pet Therapy Today 10:00am Exercise Group (TVL) 11:00am Gentle Stretch (1:1) 1:30pm Word Games (I/TVL) 3:30pm Country Drive (*)	5 11:15am Trio Bike Rides (*) 1:30pm Active Games: Bowling (TVL) 4:00pm Fun with Herbs: Sensory (P)	6 Afternoon with Jane 9:30am Chaplain Visits w/ Andrew (1:1) 1:30pm Weekend Unit Bingo (I/AR) 3:30pm Mind and Melody (1:1) 4:00pm Calendar Review Meeting (TVL)	7 Morning w/ Lindsay 10:00am Chocolate Trivia & Facts 11:00am Themed Sensory Box 1:1
8 Afternoon with Steve 3:00pm Friendly Visits with Steve (1:1) 4:00pm Gentle Stretch (1:1)	9 Morning with Amber Nunavut Day Catholic Communion 10:00am Gentle Stretch (1:1) 11:30am Picnic & Active Games at Henderson Park 2:30pm Travelogue: Nunavut, Canada (T/AR)	10 10:00am Exercise: Move to Music (TVL) 11:00am Themed Sensory: Summer (P) 1:30pm Unit Bingo (I/AR) 3:30pm Catholic Mass (C) 4:30pm Water the Greenery	11 Pet Therapy Today 10:00am Friendly Visits w/ Michael (1:1) 1:30pm Carry on Reading (L) 3:45pm Active Games: Balloon Badminton (HOF) 6:15pm Bunny Visits (1:1) 7:00pm Virtual Relaxation Readings (1:1)	12 7:30am Breakfast Camp Out (Adjala Patio) 10:30am Ecumenical Church Service (Aud) 1:30pm Birthday Party w/ Yew Three (Aud)	13 9:30am Chaplain Visits w/ Andrew (1:1) 10:00am Exercise Group (AR) 11:00am Manicures (1:1) 1:30pm Weekend Unit Bingo (T/AR)	14 10:00am Exercise Group w/ Amber (AR)
15 Afternoon with Steve 1:15pm Restorative Walks (1:1) 1:30pm Georgian Downs (*\$) 1:30pm Travelling Library Cart with Michael	16 Day with Jane 10:00am Exercise Group (TVL) 11:00am Montessori Activities (1:1) 1:30pm Active Games: Bean Bag Toss on the Patio 4:00pm Lucynt Virtual Games (L)	17 Day with Jane 10:30am Bingo (Aud) 1:30pm Tiki Mocktail Patio Social (Adjala Garden) 4:00pm Bunny Visits (1:1) 6:15pm Outdoor Patio Relaxation 7:00pm Spiritual Reflections (1:1)	18 Day with Jane Pet Therapy Today 10:00am Exercise Group (TVL) 11:00am Gentle Stretch (1:1) 1:30pm Virtual Google Earth: My Hometown (1:1) 6:45pm Garden Party w/ Naomi Bristow (Adjala Patio)	19 Evening with Steve 9:30am Hockley Valley Pollinator Garden: Sensory Strolls (*) 6:15pm Gentle Stretch (1:1) 7:00pm Tablet Games (1:1)	20 Morning w/ Taylor 9:30am Chaplain Visits w/ Andrew (1:1) 10:30am Trio Bike Rides (*) 2:00pm Ecumenical Service w/ Andrew (C)	21 Evening with Lindsay 6:15pm Hand Massage (1:1) 7:15pm Relaxation & Meditation (V/1:1)
22 Afternoon with Jane Morning w/ Jane 1:15pm Restorative Walks (1:1) 1:45pm Gentle Stretch (1:1) 2:30pm Friendly Visits (1:1) 4:00pm Exercise Group (TVL)	23 Morning with Amber Catholic Communion 10:00am Exercise Group (TVL) 10:45am Mind and Melody (1:1) 11:00am Montessori Workshop Activities (1:1/E)	24 Cowboy Day 10:15am Trio Bike Rides (*) 1:30pm Bingo (Aud) 2:00pm Gentle Stretch (1:1) 3:45pm Cowboy Themed Fun & Games (I/AR)	25 Pet Therapy Today Christmas in July 1:30pm Experience Paris: Travelogue and Culinary Adventure (TVL) 4:00pm Exercise: Move to Music: Christmas Songs (I/AR) 6:15pm Christmas Themed Mystery Box (1:1) 7:15pm Decorating for the Olympics	26 1:00pm Friendly Visits W/Brinley (2024 Summer Olympic Games Opening Ceremony)	27 Afternoon with Amber 9:30am Chaplain Visits w/ Andrew (1:1) 1:30pm Kite Festival at Mel Mitchell Park 4:00pm Match it Up: Tree Theme	28 Afternoon with Amber 1:30pm Manicures & Light Therapy (1:1) 3:45pm Sing Along: Songs of Friendship (P or TVL)
29 Afternoon with Steve 1:15pm Restorative Walks (1:1) 1:30pm Ice Cream Truck-Hosted By Residents Council (FPL) 4:00pm Friendly Visits with Steve	30 Day with Jane 10:00am Exercise Group (TVL) 11:00am Montessori Activities (1:1) 1:30pm Active Games: Resident's Choice (P or AR) 1:30pm Ice Cream Cart w/ Janet & Andrea 3:30pm Mind and Melody (1:1) 4:00pm Gentle Stretch on the Patio (1:1)	31 11:30am Resident Council BBQ Fundraiser (*\$) 3:00pm Sing Along with Janet (TVL) 3:30pm Bingo (Aud)	2024 Olympic Games July 26-Aug. 11		Please contact Amber ext. 5081 if you are interested in making purchases from the tuck cart Legend P - patio FPL - Front Parking Lot 1:1 - 1 to 1 program TVL - TV Lounge RR - Relaxation Room L - Library AR - Activity Room Aud. - Auditorium * - Sign Up Required \$ - Cost Associated	