

# Sherri Burke Recreation Therapist

Essa Unit

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# July 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b> <b>Happy Canada Day!</b> 	<b>2</b> <b>Afternoon W/Taylor</b> <b>10:15am Resident's Council &amp; Food Committee (Aud)</b> 1:15pm Having a Ball-Exercises 3:00pm Ice Cream Cart W/Janet & Andrea 3:00pm Montessori Activity Bins 3:45pm Chaplain Visits 4:00pm Calendar Review <b>6:00pm Quilter's Guild Presentation (*)</b>	<b>3</b> <b>Day W/Rachele</b> <b>10:30am Bingo (Aud)</b> 2:00pm Gentle Stretch 3:00pm Sing Along W/Janet & Andrea <b>3:15pm Trio Bike Rides (O)</b>	<b>4</b> <b>Afternoon W/Jane</b> <b>Pet Therapy Today</b> 10:00am Bunny Visits W/Michael 1:30pm Ladies Manicures <b>3:30pm Country Drive (*)</b> 3:45pm Chaplain Visits 4:00pm Library Visits-Lucynt Games	<b>5</b> <b>Morning W/Jane</b> 10:00am Olympic Craft-Flag 11:00am Move to Music-Exercise 	<b>6</b> <b>Day with Brinley</b> <b>10:30am Trio Bike (*)</b> 1:00pm Chaplain Visits w/ Andrew 1:15pm Hall Strolls to Travel Corner 3:00pm Manicures and Hand Massages 4:00pm Trivia (NS) 	<b>7</b> <b>Evening W/Jane</b> 6:00pm Gentle Stretch 7:00pm Carry On Reading 
<b>8</b> <b>Morning with Sherri</b> 10:15am Restorative Walks 10:30am Gentle Stretch 11:00am Mind and Melody	<b>9</b> <b>Afternoon with Lindsay</b> Catholic Communion (1:1) 1:15pm Balloon Badminton-Exercise 3:30pm All Sorts (TVL) 3:45pm Chaplain Visits 4:15pm Hall Strolls (1:1)	<b>10</b> 1:30pm Unit Bingo (T/AR) 3:00pm Watermelon Wednesday (P) <b>3:30pm Catholic Mass (C)</b> 6:00pm Guess That Next Line 7:00pm Friendly Visits	<b>11</b> <b>Pet Therapy Today</b> 10:15am Water the Greenery 11:00am Relaxation and Hand Massages 1:15pm Match It Up 3:45pm Armchair Travel-Denmark	<b>12</b> <b>7:30am Breakfast Camp Out (Adjala Patio)</b> <b>10:30am Ecumenical Church Service (Aud)</b> 11:00am Mind and Melody <b>1:30pm Birthday Party w/ Yew Three (Aud)</b>	<b>13</b> <b>Afternoon W/Brinley</b> 1:00pm Chaplain Visits w/ Andrew 1:15pm Bean Bag Toss 2:30pm Patio Poems 3:45pm Our Daily Bread Readings & Reflections 6:30pm Friendly Visits	<b>14</b> 1:30pm Group Exercise w/ Amber 
<b>15</b> <b>Day W/Jane</b> 10:15am Restorative Walks 10:30am Gentle Stretch <b>1:30pm Georgian Downs (*/\$)</b> 2:00pm Bunny Visits 3:45pm Water the Greenery 4:00pm Mind and Melody	<b>16</b> <b>Afternoon W/Taylor</b> 1:00pm Unit Decorating-Decorate In Red 2:30pm Montessori Bins 4:00pm Armchair Stretches-Exercise	<b>17</b> <b>10:30am Bingo (Aud)</b> <b>1:30pm Tiki Mocktail Patio Social (Adjala Garden)</b> 4:00pm Conversation Cards 6:15pm Front Lobby Strolls 7:15pm Friendly Visits	<b>18</b> <b>Pet Therapy Today</b> 1:15pm Chicken Soup for the Soul 3:15pm Ball Toss <b>6:45pm Garden Party w/ Naomi Bristow (Adjala Patio)</b>	<b>19</b> <b>Morning W/Sherri</b> <b>9:30am Hockley Valley Pollinator Garden: Sensory Strolls (*)</b> 	<b>20</b> <b>Day W/Brinley</b> 10:00am Gentle Stretch 11:00am Bunny Visits 11:15am Catholic Communion 1:30pm Montessori Activities (TVL) <b>2:00pm Ecumenical Service w/ Andrew (C)</b> 3:00pm Manicures (1:1) 4:00pm Mind and Melody	<b>21</b> <b>Afternoon W/Taylor</b> 1:15pm Visit Your Neighbor 3:00pm Front Lobby Wanderings 4:00pm Discussion Group-Summer Olympics
<b>22</b> <b>Morning w/ Jane</b> 10:15am Restorative Walks <b>11:15am Picnic &amp; Lawn Games @ Alliston Park (*)</b> 3:00pm Sing Along-Summer Songs(P) 4:00pm Mind and Melody	<b>23</b> <b>Afternoon with Lindsay</b> Catholic Communion (1:1) 1:15pm Themed Sensory Box 2:30pm Cards: Euchre (T/AR) 4:00pm Gentle Stretch	<b>24</b> <b>1:30pm Bingo (Aud)</b> 3:45pm Cowboys History & Trivia 6:15pm Tim's Culinary Cart 7:00pm Shadow Boxes	<b>25</b> <b>Pet Therapy Today</b> 10:00am Baking Bread 11:00am Creative Arts-Summer Craft 1:15pm Carry On Reading 2:30pm History Of Tetley Tea-Social (EAR) 3:45pm Chaplain Visits	<b>26</b> 11:00am Friendly Visits W/Brinley <b>(2024 Summer Olympic Games Opening Ceremony)</b> 	<b>27</b> <b>Afternoon w/ Brinley</b> 1:00pm Chaplain Visits w/ Andrew <b>1:30pm Kite Festival at Mel Mitchell Park</b> 2:00pm Outdoor Patio Planter Care 3:00pm Friendly Visits	<b>28</b> <b>Morning W/Jane</b> 10:15am Travel Corner 11:00am Goup Exercise 
<b>29</b> 10:15am Restorative Walks 10:30am Gentle Stretch <b>1:30pm Ice Cream Truck-Hosted By Residents Council (FPL)</b> 4:00pm Mind and Melody 6:15pm Bingo (T/AR)	<b>30</b> <b>Afternoon W/Taylor</b> 1:15pm Match it Up 3:45pm Chaplain Visits 3:45pm Parachute Active Game	<b>31</b> 10:00am Relaxation Cart/Meditation <b>11:30am Resident Council BBQ Fundraiser (*/\$)</b> <b>3:30pm Bingo (Aud)</b>	<b>2024 Olympic Games July 26-Aug. 11</b> 		<b>Legend</b> P - patio   FPL - Front Parking Lot 1:1 - 1 to 1 program   TVL - TV Lounge RR - Relaxation Room   L - Library AR - Activity Room   Aud. - Auditorium * - Sign Up Required   \$ - Cost Associated	