Innifil Unit

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June 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
June is SENIORS' MONTH	Legend P - patio FPL - Front Parking Lot 1:1 - 1 to 1 program TVL - TV Lounge RR - Relaxation Room L -Library AR - Activity Room Aud Auditorium * - Sign Up Required \$ - Cost Associated	Resident's Council has proudly sponsored some of the programs this month in celebration of Senior's Month • THANKYOU.			Service w/ Andrew	Afternoon with Jane 10:00am Exercise Group w/Roxanne (TVL) 1:15pm Mind and Melody (1:1) 2:00pm Tipping Hymn Sing (Aud) 3:45pm Manicures & Light Therapy (1:1)
Afternoon with Jane World Bicycle Day 10:15am Resident's Council & Food Committee (Aud) 1:00pm Gentle Stretch w/Roxanne (1:1) 1:30pm Restorative Walks (1:1) 3:45pm Trio Bike Rides (*) Sports Visits w/ Steve (1-1)	10:00am Calendar Review Meeting (TVL) 10:00am Exercise Group w/Roxanne (TVL) 10:00am Gentle Stretch w/Amber (1:1) 1:30pm Montessori Activities (1:1) 3:30pm Country Drive	10:30am Mind and Melody (1:1) - Vari 1:30pm Senior's Month Ice Cream Social (P) 3:45pm Virtual Travelogue: Denmark for Constitution Day (TVL or P)	Pet Therapy Today 10:00am Exercise Group	10:00am Exercise Group w/Roxanne (TVL) 10:15am Baking Bread (AR) 11:00am Bunny Visits (1:1) 3:45pm Word Game: Resident's Choice (T/AR)	Afternoon with Jane 9:30am Chaplain Visits w/ Andrew (1:1) 2:00pm Ecumenical Church Service w/ Andrew (C) 4:00pm Mindful Meditation with Lucynt Machine (L)	3:30pm Patio Time Social (Adjala Garden)
Afternoon with Jane 10:15am Bible Studies with Teresa (I/AR) 1:00pm Gentle Stretch w/Roxanne (1:1) 1:30pm Restorative Walks (1:1) 1:30pm Travelling Library Cart with Michael 4:00pm Library Visits: Computer Time	Morning with Amber	Lucynt Machine (L) 6:00pm Themed Sensory Box 1:1 7:00pm Unit Decorating (NS)	Pet Therapy Today 11:45am Patio Luncheon (I/P) 6:15pm Trivia Night (TVL) 7:00pm Spiritual Reflections (1:1)	10:30am Ecumenical Church Service (AUD) 10:30am Senior Luncheon at Banting (*) 2:00pm Senior's Month Taste Tester Challenge (E/AR) 4:00pm Move to Music (I/AR)	Morning with Amber 9:30am Chaplain Visits w/ Andrew (1:1) 10:00am Exercise Group	Happy Father's Day Afternoon with Amber 10:00am Exercise Group
TVI)	10:00am Exercise Group w/Roxanne (TVL) 10:00am Gentle Stretch w/Amber (1:1) 11:00am Montessori Activities (1:1) 2:30pm Creative Arts/Shadow Box (1:1) 3:45pm Trio Bike Rides (*)	1:30pm Patio Sing Along 3:30pm Mind and Melody (1:1) 4:30pm Father's Day Meal Program: Brought to you by Resident's Council (Aud)	Pet Therapy Today 10:00am Exercise Group w/Roxanne (TVL) 10:00am Outdoor Strolls (1:1) 11:00am Carry On Reading (L) 1:30pm Bingo (Aud) 4:00pm Balloon Badminton (HOF)	National Indigenous Peoples Day 10:00am Exercise Group W/Roxanne (TVL) 10:00am Spiritual Reflections:		Don't forget your sunscreen
24		1	1	28		30
Afternoon with Jane 1:00pm Gentle Stretch w/Roxanne (1:1) 1:30pm Friendly Visits (1-1) 1:30pm Innisfil Beach Walk (*) 1:30pm Restorative Walks (1:1) 4:00pm Virtual Travelogue: Quebec for St. Jean Baptiste Day (TVL)	Morning with Amber Grade 4 MRO Students Visit (Unit-Unit) Catholic Communion 10:00am Exercise Group w/Roxanne (TVL) 10:00am Gentle Stretch w/Amber (1:1) 11:00am Montessori Activities (1:1) 2:00pm Birthday Party w/ Bob Cook (Aud)	11:30am Resident's Council BBQ Fundraiser (Aud or FPL)(*/\$) 2:00pm Bunny Visits (1:1) 3:30pm Catholic Mass (C)	Pet Therapy Today 10:15am Canada Day Entertainment w/ Eric Kidd (Aud) 1:30pm Senior's Month Ice Cream Truck - Brought to you by Resident's Council (FPL) 4:00pm Themed Sensory: Canadian Culture (P) Water the Greenery (P) Spiritual Reflections (1:1)	10:30am Ecumenical Church Service (AUD) 1:30pm Giant Tiger Shopping (*/\$) 4:00pm Move to Music (I/AR)	10:00am Exercise Group w/Roxanne (AR) 1:30pm Friendly Visits (1:1)	Afternoon with Amber 10:00am Exercise Group w/Roxanne (AR) 1:30pm Culinary Cart: Strawberry Shortcake & Canada Day Photos(room to room) 3:30pm Calendar Exchange (room to room)

