

Recreation Therapist: Steve Fagan

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June 2024

Adjala Unit

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 <p>June is... SENIORS' MONTH</p>	<p>Legend P - patio FPL - Front Parking Lot 1:1 - 1 to 1 program TVL - TV Lounge RR - Relaxation Room L - Library AR - Activity Room Aud. - Auditorium * - Sign Up Required \$ - Cost Associated</p>	<p>Resident's Council has proudly sponsored some of the programs this month in celebration of Senior's Month</p> 			<p>1</p> <p>2:00pm Ecumenical Church Service w/ Andrew (Aud) 3:30pm Calendar Delivery 4:00pm Exercise Class w/ Roxanne(TV)</p>	<p>2</p> <p>Evening w/ Jane Tipping Hymn Sing (Aud) 2:00pm 4:00pm Exercise Class w/ Roxanne (TV) 6:15pm Spiritual Reflections w/ Jane (RR) 7:00pm Youtube Videos (1-1)</p>
<p>3</p> <p>World Bicycle Day 10:15am Resident's Council & Food Committee (Aud) 10:45am Mind and Melody 1:30pm Library Cart w/ Michael (1:1) 3:00pm Trio Bike Rides (*) 4:00pm Restorative Walks (1-1) 4:15pm Gentle Stretch (1-1)</p>	<p>4</p> <p>Catholic Communion 10:00am Coffee Strolls (1-1) 11:00am Mind and Melody (1-1) 11:15am Water the Greenery (AP) 3:00pm Sing-a-long w/ Janet & Andrea (TVL) 3:30pm Country Drive 4:15pm Exercise Class w/ Roxanne (TVL)</p>	<p>5</p> <p>10:00am Bingo (Aud) 1:30pm Senior's Month Ice Cream Social (P) 3:30pm Restorative Walks (1-1) 6:15pm Evening Trivia (NS) 7:00pm Friendly Visits (1-1)</p>	<p>6</p> <p>Pet Therapy Today 10:00am Friendly Visits w/ Michael (1:1) 3:30pm Tea Social w/ The Quilter's Guild (Aud) 4:00pm Exercise Class w/ Roxanne(TV) 6:15pm Spiritual Reflections (TVL) 7:00pm Montessori Cart (1-1)</p>	<p>7</p> <p>3:00pm Chaplain Visits 3:30pm Library Visits (L) 4:00pm Exercise Class w/ Roxanne (TV) 6:15pm Chicken Soup for the Soul (RR) 7:00pm Water the Greenery (P)</p>	<p>8</p> <p>Day w/ Brinley 10:00am Friendly Visits (1-1) 11:00am Manicures & Light Therapy 2:00pm Ecumenical Church Service w/ Andrew (C) 4:00pm Chicken Soup for the Soul (RR)</p>	<p>9</p> <p>Afternoon with Lindsay 1:30pm Junk Drawer Detective (AR) 3:30pm Patio Time Social (Adjala Garden)</p>
<p>10</p> <p>10:00am Baking Bread (AR) 10:15am Bible Studies with Teresa (I/AR) 11:00am Montessori Cart (1-1) 4:00pm Restorative Walks (1-1) 4:15pm Gentle Stretch (1-1)</p>	<p>11</p> <p>10:00am Manicures & Light Therapy (1-1) 11:00am Mind and Melody (1-1) 11:15am Water the Greenery (AP) 4:00pm Lucyant Gaming Machine (L) 4:15pm Exercise Class w/ Roxanne (TVL)</p>	<p>12</p> <p>10:00am Gentle Stretch (1-1) 10:00am Coffee Strolls (FL) 1:30pm Bingo (Aud) 3:30pm Restorative Walks (1-1)</p>	<p>13</p> <p>Day w/ Jane Pet Therapy Today 10:00am Brush to Canvas 11:45am Patio Luncheon (I/P) 1:45pm Bunny Visits (IAR)</p>	<p>14</p> <p>10:30am Ecumenical Church Service (AUD) 10:30am Senior Luncheon at Banting (*) 2:00pm Senior's Month Taste Tester Challenge (E/AR) 3:00pm Chaplain Visits 4:00pm Gentle Stretch (1-1) 6:15pm Evening Trivia (NS) 7:00pm Youtube Videos (1-1)</p>	<p>15</p> <p>1:30pm Barrie Waterfront Air Show (*) 4:00pm Exercise Class w/ Roxanne(TV) 6:15pm Chicken Soup for the Soul (RR)</p>	<p>16</p> <p>Happy Father's Day Morning with Amber 10:00am Outdoor Strolls (1:1) 11:00am TV Dads Trivia (AR) 4:00pm Exercise Class w/ Roxanne (TV)</p>
<p>17</p> <p>Morning w/ Jane 10:00am Manicures & Light Therapy 11:00am Library Visits & Gaming 4:00pm Restorative Walks (1-1) 4:15pm Gentle Stretch (1-1)</p>	<p>18</p> <p>Day w/ Jane Catholic Communion 10:00am Relaxation Room (RR) 11:00am Mind and Melody (1-1) 11:15am Water the Greenery (AP) 2:00pm Facetime (1-1) 3:45pm Trio Bike Rides (*) 4:15pm Exercise Class w/ Roxanne (TVL)</p>	<p>19</p> <p>Day w/ Jane 1:30pm Lucyant Gaming Machine (L) 3:00pm Sing Along w/ Janet & Andrea (TV) 3:30pm Restorative Walks (1-1) 4:30pm Father's Day Meal Program: Brought to you by Resident's Council (Aud) 6:45pm Mind and Melody (1-1) 7:00pm Hall Strolls (1-1)</p>	<p>20</p> <p>Evening w/ Rachele Pet Therapy Today 1:30pm Bingo (Aud) 4:00pm Exercise Class w/ Roxanne(TV) 6:15pm Manicures & Light Therapy 7:00pm Chicken Soup for the Soul (RR)</p>	<p>21</p> <p>National Indigenous Peoples Day Evening w/ Rachele 12:45pm Creemore Brewery Tour (*/\$) 3:00pm Chaplain Visits 4:00pm Exercise Class w/ Roxanne (TV) 6:15pm Spiritual Reflections (AR) 7:00pm Montessori Time (1-1)</p>	<p>22</p> <p>Day w/ Brinley 10:00am Water the Greenery (AP) 11:00am Spiritual Reflections (RR) 1:00pm Kite Festival @ Mel Mitchell Field (*) 4:00pm Outdoor Strolls</p>	<p>23</p> <p>Evening w/ Rachele 6:15pm Brush to Canvas (1-1) 7:00pm Friendly Visits (1-1)</p>
<p>24</p> <p>10:00am Baking Bread (AR) 11:00am Gentle Stretch (1-1) 1:30pm Innisfil Beach Walk (*) 4:00pm Restorative Walks (1-1) 4:15pm Gentle Stretch (1-1)</p> 	<p>25</p> <p>11:15am Water the Greenery (AP) 2:00pm Birthday Party w/ Bob Cook (Aud) 3:30pm Gentle Stretch (1-1) 4:15pm Exercise Class w/ Roxanne (TVL)</p> 	<p>26</p> <p>10:00am Coffee Strolls (FL) 11:30am Resident's Council BBQ Fundraiser (Aud or FPL)(*/\$) 3:30pm Catholic Mass (C) 3:30pm Restorative Walks (1-1) 4:00pm Mind and Melody (1-1)</p> 	<p>27</p> <p>Pet Therapy Today Afternoon w/ Taylor 10:00am Visits w/ Michael (1-1) 10:15am Canada Day Entertainment w/ Eric Kidd (Aud) 1:30pm Senior's Month Ice Cream Truck - Brought to you by Resident's Council (FPL) 3:45pm Trivia: Canadian Trivia (T/AR)</p> 	<p>28</p> <p>10:30am Ecumenical Church Service (AUD) 1:30pm Giant Tiger Shopping (*/\$) 3:00pm Chaplain Visits 6:15pm Relaxation Room (RR) 7:00pm Fold and Sort (1:1)</p> 	<p>29</p> <p>Afternoon w/ Steve 1:30pm Culinary Cart: Strawberry Shortcake & Canada Day Photos 3:30pm Trio Bike Rides (*) 4:00pm Exercise Class w/ Roxanne(TV)</p> 	<p>30</p> <p>Evening with Amber 4:00pm Exercise Class w/ Roxanne (TV) 6:15pm Spiritual Reflections (RR) 7:00pm Friendly Visits (1-1)</p> 