

Ext.5085

May 2024

Essa Unit

ESSA UNIT						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Legend P - patio FPL - Front Parking Lot 1:1 - 1 to 1 program TVL - TV Lounge RR - Relaxation Room L -Library AR - Activity Room Aud Auditorium * - Sign Up Required \$ - Cost Associated		10:15am Calendar Exchange 11:00am Ladies Manicures 1:30pm Unit Bingo (N/AR) 3:00pm Carry On Reading 4:00pm Hand Massage/Relaxation		10:00am Accredidation Appriciation Drop-In Social (Aud) 10:15am Bible Studies (I/AR) 2:30pm Brush to Canvas 3:45pm Spot the Garden Bird(P)	10:00am Exercise Class w/ Roxanne 1:00pm Chaplain Visits (1:1) 5:30pm Sports Club: Kentucky Derby (AUD)	Afternoon with Sherri 8:30am Matthew's House Hike for Hospice (*) 2:30pm Cinco de Mayo Fun & Games (I/AR) 4:00pm Calendar Review
(Aud) 10:15am Restorative Walks 10:30am Gentle Stretch 1:30pm Intergenerational Program: MRO Students (Aud) 3:45pm Amazon Rainforest Creatures	Roxanne 1:00pm Garden Clean Up (Outdoor) 3:30pm Manicures & Light Therapy 3:45pm Chaplain Visits	Day w/ Jane 10:15am Culinary Arts-Chocolate Covered Strawberries 11:15am News & Views 1:30pm Bingo (Aud) 3:15pm Culinary Cart-Choclate Covered Strawberries and Tea	Evening with Sherri Pet Therapy Today 10:00am Exercise Class w/ Roxanne 1:30pm Tea at Bond Head Golf Course (*/\$) 3:45pm Chaplain Visits 6:00pm Fun Facts/Trivia 7:15pm Busy Hands/Happy Hands	Entertainment MOM	Afternoon with Lindsay 9:00am Bradford Police Station Open House (*) 1:00 - 3:00pm Girl Guide's Mother's Day Meet & Greet Unit to Unit 3:00pm Fun & Games (AR)	Happy Mother's Day Afternoon w/ Taylor 1:00pm Chaplain Visits w/ Andrew 1:15pm Reminiscing (Mother's Day) 3:30pm Having a Ball
10:30am Mind and Melody 1:30pm Intergenerational Program: MRO Students (Aud)	Afternoon with Lindsay Catholic Communion (1:1)	Afternoon w/ Steve 1:30pm Bingo (Aud) 4:00pm Hand Massage/Relaxation	Pet Therapy Today 10:45am Finding Nemo Play @MRO (*/\$) 3:45pm Chaplain Visits 4:00pm Reminiscing/Rhymes &	Day w/ Jane 10:15am Senior's Luncheon at Banting (*) 2:00pm Brush to Canvas 3:15pm Mind and Melody 3:45pm Match It Up (P)	10:00am Exercise Class w/ Roxanne 2:00pm Ecumenical Church Service w/ Andrew (Chapel) 3:15pm Chaplain Visits w/ Andrew	Afternoon with Jane 10:00am Exercise Class w/ Roxanne 2:00pm Tipping Hymn Sing (AUD)
O)ictoria	Afternoon With Taylor 10:00am Exercise Class w/ Roxanne	1:30pm Bingo (Aud) 3:30pm Catholic Mass (C) 6:15pm School Days Sensory Bin 7:15pm Puzzles & Ponderings	Pet Therapy Today 10:00am Exercise Class w/ Roxanne 10:00am Hall Strolls 11:30am Meal Program: KFC Lunch (*/\$) 3:00pm Country Drive	Afternoon With Sherri 10:00am Exercise Class w/ Roxanne 10:30am Ecumenical Church Service (AUD) 1:30pm Creative Arts: Barn Quilting (Aud) 3:00pm Gardening (Patio)	Afternoon with Lindsay 1:00pm Chaplain Visits (1:1) 1:30pm Match it Up Bingo (TVL) 3:00pm Hand Massages (1:1) 4:00pm Friendly Visits (1:1)	Morning With Taylor 10:15am Montessori Activities 11:00am Having a Ball
11:00am Water the Greenery (Patio) 1:15pm Ice Cream Truck & MRO Students Visit (FPL) 1:30pm Travelling Library w/ Michael 4:00pm Mind and Melody	Afternoon With Lindsay Catholic Communion (1:1) 10:00am Exercise Class w/ Roxanne 11:30am Boston Pizza (*/\$)	10:15am Fold and Sort (1:1) 11:30am Resident's Council BBQ (Aud) 3:00pm Music With Janet & Andrea 3:30pm Bingo (Aud)	Pet Therapy Today 10:00am Bunny Visits with Michael 1:30pm Walmart Shopping (*/\$)	_		

ARE - Activity Room Essa