


Recreation Therapist: Steve Fagan

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May 2024

Adjala Unit

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Legend P - patio FPL - Front Parking Lot 1:1 - 1 to 1 program TVL - TV Lounge RR - Relaxation Room L -Library AR - Activity Room Aud. - Auditorium * - Sign Up Required \$ - Cost Associated</p>		<p>Day w/ Steve 10:00am Calendar Delivery 1:30pm Unit Bingo (N/AR) 3:30pm Restorative Walks (1-1)</p>	<p>Pet Therapy Today 11:15am Sing-a-long w/ Taylor (V/TVL) 1:30pm Front Lobby Coffee Social w/ Sherri</p>	<p>10:00am Accreditation Appreciation Drop-In Social (Aud) 10:15am Bible Studies (I/AR) 3:00pm Chaplain Visits 3:00pm Montessori Cart (1-1) 4:00pm Mind and Melody (1-1)</p>	<p>Afternoon w/ Steve 1:30pm Manicures & Light Therapy 3:00pm Mind and Melody (1-1) 4:00pm Exercise Class w/ Roxanne(TV) 5:30pm Sports Club: Kentucky Derby (AUD)</p>	<p>8:30am Matthew's House Hike for Hospice (*) 2:30pm Cinco de Mayo Fun & Games (I/AR) 4:00pm Exercise Class w/ Roxanne (TV)</p>
<p>6 10:15am Resident's Council & Food Committee (Aud) 10:30am Bunny Visits (IAR) 1:30pm Intergenerational Program: MRO Students (Aud) 4:00pm Restorative Walks (1-1) 4:15pm Gentle Stretch (1-1)</p>	<p>7 Catholic Communion 10:00am Baking Bread 11:00am Mind and Melody (1-1) 1:00pm Garden Clean Up (Outdoor) 4:00pm Calendar Review (AR) 4:00pm Exercise Class w/ Roxanne (TVL)</p>	<p>8 1:30pm Bingo (Aud) 3:30pm Hand Massage/Soak 6:15pm Evening Trivia (TV) 7:00pm Youtube Videos (1-1)</p>	<p>9 Pet Therapy Today 1:30pm Tea at Bond Head Golf Course (*/\$) 4:00pm Exercise Class w/ Roxanne(TV) 6:15pm Relaxation Room (RR) 7:00pm Brush to Canvas (TV)</p>	<p>10 2:00pm Mother's Day Social & Entertainment (Aud) 3:00pm Chaplain Visits 4:00pm Exercise Class w/ Roxanne (TV) 4:00pm Flower Arranging / Sorting 6:15pm Evening Bike Rides (O)</p>	<p>11 9:00am Bradford Police Station Open House (*) 1:00 - 3:00pm Girl Guide's Mother's Day Meet & Greet Unit to Unit</p>	<p>12 Happy Mother's Day Afternoon w/ Jane 1:30pm Creative Art: Tissue Paper Flowers 3:30pm Hot Chocolate Strolls (FL)</p>
<p>13 10:15am Trio Bike (1:1) 11:15am Water the Greenery (P) 1:30pm Intergenerational Program: MRO Students (Aud) 1:30pm Travelling Library w/ Michael 4:00pm Restorative Walks (1-1) 4:15pm Gentle Stretch (1-1)</p>	<p>14 Day With Sherri 10:00am Carry On Reading 11:00am Mind and Melody (1-1) 2:00pm Birthday Party with Nancy (Aud) 3:00pm Singing w/ Janet & Andrea 4:00pm Exercise Class w/ Roxanne (TVL) 4:00pm Rest & Relaxation (RR)</p>	<p>15 Morning w/ Steve 10:00am Gentle Stretch (1-1) 11:00am Hall Strolls (1-1) 1:30pm Bingo (Aud)</p>	<p>16 Pet Therapy Today 10:00am Visits with Michael (1-1) 10:45am Finding Nemo Play @MRO (*/\$) 3:15pm Bunny Visits 4:00pm Patio Time (P)</p>	<p>17 10:15am Senior's Luncheon at Banting (*) 1:30pm Bunny Visits (IAR) 3:00pm Chaplain Visits 4:00pm Gentle Stretch (1-1) 6:15pm Evening Trivia (AR) 7:00pm Manicures & Light Therapy</p>	<p>18 1:00pm Chaplain Visits w/ Andrew 1:30pm Outdoor Strolls (1-1) 2:00pm Ecumenical Church Service w/ Andrew (Chapel) 4:00pm Brush to Canvas (NS) 4:00pm Exercise Class w/ Roxanne(TV)</p>	<p>19 Afternoon with Amber 2:00pm Tipping Hymn Sing (AUD) 4:00pm Bunny Visits (1:1) 4:00pm Exercise Class w/ Roxanne (TV)</p>
<p>20  HAPPY Victoria Day</p>	<p>21 Day w/ Jane Catholic Communion 10:00am Name that Tune 11:00am Mind and Melody (1-1) 2:00pm Ice Cream Cart w/ Janet & Andrea 2:15pm Active Games: Crokinole (L) 4:00pm Exercise Class w/ Roxanne (TVL) 4:00pm Spiritual Reflections (RR)</p>	<p>22 1:30pm Bingo (Aud) 3:00pm Sing Along w/ Janet & Andrea 3:30pm Catholic Mass (C) 6:15pm Virtual Spiritual Program (1-1) 7:00pm Match it Up (NS)</p>	<p>23 Day w/ Jane Pet Therapy Today 10:00am Visits w/ Michael (1-1) 11:30am Meal Program: KFC Lunch (*/\$) 3:00pm Country Drive 4:00pm Exercise Class w/ Roxanne(TV) 6:15pm Cycle without Age (O)</p>	<p>24 Evening w/ Jane 10:30am Ecumenical Church Service (AUD) 1:30pm Creative Arts: Barn Quilting (Aud) 3:00pm Chaplain Visits 4:00pm Exercise Class w/ Roxanne (TV) 4:00pm Puzzle Time (AR) 6:15pm Travelogue: Cuba! (TV) 7:00pm Hand Massage (1-1)</p>	<p>25 1:45pm Chaplain Visits w/ Andrew</p>	<p>26 Afternoon with Lindsay 1:30pm Hand Massages (1:1) 3:00pm Active Games (AR) 4:00pm Hall Strolls</p>
<p>27 10:30am Trio Bike (1:1) 11:15am Mind and Melody (1-1) 1:15pm Ice Cream Truck & MRO Students Visit (FPL) 4:00pm Restorative Walks (1-1) 4:15pm Gentle Stretch (1-1)</p>	<p>28 10:00am Montessori Cart 11:00am Mind and Melody (1-1) 11:30am Boston Pizza (*/\$) 4:00pm Exercise Class w/ Roxanne (TVL) 4:00pm Relaxation Room (RR)</p>	<p>29 10:00am Friendly Visits (1-1) 11:30am Resident's Council BBQ (Aud) 3:30pm Bingo (Aud)</p>	<p>30 Pet Therapy Today 10:00am Visits with Michael (1:1) 1:30pm Walmart Shopping (*/\$) 2:00pm Creative Arts: Barn Quilting (Aud)</p>	<p>31 1:00 Parking lot Dance Party (FPL) 1:15pm Mind and Melody (1-1) 3:00pm Chaplain Visits 3:00pm Country Drive (*) 6:15pm Evening Trivia (NS) 7:00pm Brush to Canvas (NS)</p>		

