

April 2024

Nottawasaga Resident Home Area

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1  Easter Monday	2 Afternoon with Lindsay International Children's Book Day 10:15am Resident's Council Meeting (Aud) 1:30pm Bingo (Aud) 1:30pm Ice Cream Cart w/ Janet & Andrea 3:15pm Reminiscing: Children's Books (AR) 4:15pm Word Games (TVL)	3 1:30pm Alliston Paramedic Station Tour (*) 3:00pm Sing Along with Janet & Andrea (TVL)	4 Pet Therapy Today 10:00am Friendly Visits w/ Michael 4:00pm Volunteer Appreciation Dinner (Aud)	5 9:45am Gentle Stretch (1:1) 11:00am Alliston Legion Lunch (*/\$) 2:00pm Restorative Walks (1:1) 4:00pm Move to Music (N/AR)	6 Evening with Steve 10:45am Chaplain Visits w/ Andrew (1:1) 2:00pm Ecumenical Service w/ Andrew (C) 6:15pm Trivia (TVL) 7:15pm Calendar Planning	7 Afternoon With Sherri 2:00pm Tipping Hymn Sing (Aud.) 4:00pm Montessori Activities (AR)
8 9:45am Monday Manicures (1:1) 11:15am Gentle Stretch (1:1) 1:30pm Gardening (AR) 3:00pm Friendly Visits (1:1)	9 Catholic Communion (1:1) 10:15am Exercise: Fitness Club (Aud) 1:30pm Baking Muffins (AR) 1:30pm Georgian Downs (*) 3:30pm Facetime visits (V/1:1) 3:45pm Exercise: Bowling Lucynt 6:15pm Tuesday Tea Time (RR) 7:15pm Sensory Activities (1:1)	10 9:45am Friendly Visits (1:1) 11:00am Tuck Shop 1:30pm Bingo w/ MRO Students 2:15pm Match it Up Bingo 3:30pm Catholic Mass (Aud)	11 Pet Therapy Today 1:30pm Walmart Shopping (*) 6:15pm Spiritual Reflections/Prayers (RR) 7:15pm Friendly Visits (1:1)	12 10:30am Ecumenical Service w/ Communion - Pat James (C) 2:30pm Restorative Walks (1:1) 3:45pm Exercise: Virtual Meditation (RR) 4:15pm Trivia	13 Bert & Ernie Visit Morning with Lindsay 10:00am Bunny Visits (1:1) 10:45am Chaplain Visits w/ Andrew (1:1) 11:00am Exercise: Active Games (TVL) 3:00pm Country Drive (*)	14 Bert & Ernie Visit Afternoon with Lindsay 2:00pm Bunny Visits (1:1) 3:00pm Word Games (TVL) 3:45pm Sensory Activities (1:1)
15 World Art Day Colouring Sheets are in the TVL 10:00am Maria's Art Class (AR) 1:30pm Intergenerational Program - MRO Students: Good Deeds 3:30pm Monday Manicures (1:1) 4:30pm Gentle Stretch (1:1)	16 Afternoon with Lindsay 10:15am Exercise: Fitness Club (Aud) 1:30pm Something Sweet Social (N/TVL) 3:30pm Hand Care Massage 3:30pm Facetime visits (V/1:1) 4:00pm Word Games (TVL)	17 Evening with Rachele 7:30am Breakfast: Stacked Alliston (*/\$) 1:30pm Bingo (Aud) 7:00pm Shadow Box/Scrapbooking	18 Pet Therapy Today 9:45am Exercise: Active Games (AR) 11:30am Italian Luncheon (Aud.) 1:30pm Montessori Activities (1:1) 2:45pm Restorative Walks 3:45pm Gentle Stretch & Hand Massages (1:1)	19 10:00am Tuck Shop 10:15am Bible Study with Teresa (I/AR) 11:00am Virtual Cooking Class: Martha Stewart 1:30pm Breedon's Sugar Shack (*) 4:00pm Move to Music (N/AR)	20 Evening with Steve 10:45am Chaplain Visits w/ Andrew (1:1) 2:00pm Ecumenical Service w/ Andrew (C) 6:15pm Caring Cards (TVL) 7:15pm Friendly Bunny Visits (1:1)	21 Evening With Steve 6:15pm Puzzles & Ponderings (AR) 7:15pm Evening Strolls (1:1)
22 Earth Day 10:00am Monday Manicures (1:1) 11:15am Gentle Stretch (1:1) 1:30pm Intergenerational Program-Earth Day Clean-Up @ Beeton Park 3:30pm Exercise	23 Catholic Communion (1:1) 2:00pm Birthday Party w/ Bob Cook (Aud.) 3:30pm Facetime visits (V/1:1) 4:15pm Gardening (AR) 6:15pm Good News Stories (AR) 7:15pm Comedy Time (TVL)	24 9:30am Kitchen Tour 11:15am Friendly Visits (1:1) 1:30pm Bingo (Aud) 3:30pm Wednesday Wind-Down Tea & Tranquility Social (RR)	25 Afternoon With Sherri Pet Therapy Today 11:30am Meal Program: Soup & Sandwich Fundraiser for Matthew's House Hospice (Aud) 1:15pm Carry On Reading-Spring Stories 3:00pm Hand Massage/Soak	26 10:30am Ecumenical Service w/ Pat James (C) 1:30pm Restorative Walks (1:1) 2:30pm Baking Cookies & Bread (AR) 4:00pm Move to Music (N/AR)	27 Evening with Lindsay 10:45am Chaplain Visits w/ Andrew (1:1) 6:15pm Just for Laughs Comedy (TVL) 7:00pm Rc Nomination Videos	28 Afternoon with Rachele 1:30pm Exercise: Active Games (AR) 3:00pm Hall Strolls (1:1) 4:00pm Trivia (TVL)
29 10:00am Monday Manicures (1:1) 11:15am Gentle Stretch (1:1) 1:30pm Intergenerational Program-MRO Students 3:30pm Exercise: Bowling (AR)	30 Afternoon with Lindsay 10:15am Exercise: Fitness Club (Aud) 1:30pm Spring Chicken Visits (I/AR) 3:30pm Gardening (AR) 3:30pm Facetime visits (V/1:1)	NOTE: In case of inclement weather, Trio Bike Rides will be replaced with Front Lobby Coffee Social	*Please note programs are subject to change, & may be weather dependent* Please contact the Recreation Therapist to schedule FaceTime and Zoom calls.	Hiking for Hospice May 5th!		