

Sherri Burke (RT)

Sherri.burke@simcoe.ca 905-729-2267

Ext.5085

April 2024

Essa Unit

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 	2 Evening with Lindsay Catholic Communion (1:1) 10:15am Resident's Council Meeting (Aud) 1:30pm Bingo (Aud) 3:45pm Chaplain Visits 4:00pm Calendar Exchange 6:00pm Gentle Stretch 7:15pm Hand Massage (1:1)	3 10:00am Visit Your Neighbor w/ Steve 1:30pm Alliston Paramedic Station Tour (*)	4 Pet Therapy Today 3:45pm Chaplain Visits 4:00pm Volunteer Appreciation Dinner (Aud)	5 Afternoon With Sherri 11:00am Alliston Legion Lunch (*/\$) 3:00pm Calendar Review 3:15pm Mind and Melody 3:45pm Move to Music (TAR)	6 2:00pm Ecumenical Service w/ Andrew (C)	7 Morning With Sherri 10:15am Gentle Stretch 11:20am Ladies Manicures 2:00pm Tipping Hymn Sing (Aud.)
8 10:15am Baking Bread 11:00am Relaxation, Northern Lights 1:30pm Mind and Melody	9 Afternoon With Taylor 10:15am Exercise: Fitness Club (Aud) 1:30pm Georgian Downs (*) 2:00pm Shadow Boxes 3:00pm News & Views 3:45pm Chaplain Visits 3:45pm RC Nomination Videos	10 10:00am Restorative Walks 11:00am Exercise Group w/ Taylor (T/AR) 1:30pm Bingo w/ MRO Students 2:15pm Gentle Stretch 3:30pm Catholic Mass (Aud)	11 Pet Therapy Today 1:30pm Walmart Shopping (*) 3:45pm Chaplain Visits 6:10pm Strolls Front Lobby 7:00pm Chicken Soup for the Soul	12 Afternoon With Jane 10:30am Ecumenical Service w/ Communion - Pat James (C) 1:15pm Lobby Social W/Jane 3:45pm Move to Music (TAR)	13 Afternoon with Lindsay 1:30pm Chaplain Visits w/ Andrew 1:30pm Country Drive 1:30pm Manicures (1:1)	14 Afternoon With Taylor 1:15pm Montessori Activities 2:30pm Having a Ball 3:45pm Bunny Visits
15 World Art Day Colouring Sheets are in the TVL 10:00am Restorative Walks 11:00am Good News Stories 1:30pm Intergenerational Program - MRO Students: Good Deeds 1:30pm Library Cart w/ Michael 3:45pm Monday Manicures	16 Evening With Lindsay Catholic Communion (1:1) 10:15am Exercise: Fitness Club (Aud) 1:30pm Something Sweet Social (N/TVL) 3:00pm Ice Cream Cart w/ Janet & Andrea 3:45pm Chaplain Visits 6:15pm Sensory: Reading Time (TVL) 7:15pm Friendly Bunny Visits	17 7:30am Breakfast: Stacked Alliston (*/\$) 11:00am Exercise Group w/ Taylor (T/AR) 11:15am Gentle Stretch (E/AR) 1:30pm Bingo (Aud) 3:00pm Sing w/ Janet & Andrea (ETL)	18 Pet Therapy Today 10:00am Bunny Visits w/ Michael 11:30am Italian Luncheon (Aud.) 2:30pm Snakes and Ladders (TVL) 3:45pm Chaplain Visits 6:15pm Patio Fresh Air	19 10:15am Bible Study with Teresa (I/AR) 1:30pm Breedon's Sugar Shack (*) 2:00pm Learn A New Language-Italian(EAR) 3:45pm Move to Music (T/AR) 4:00pm Reminiscing/Discussion	20 Morning w/ Rachele! Catholic Communion this Morning! 10:00am Montessori Activity Bins 11:00am Virtual Google Earth 2:00pm Ecumenical Service w/ Andrew (C)	21 Afternoon W/Sherri 1:15pm Fun & Games 3:15pm Current Events 4:15pm Gentle Stretch
22 Evening With Sherri 1:30pm Intergenerational Program-Earth Day Clean-Up @ Beeton Park 3:00pm Library Visits/Stories 4:15pm Hand Massage 6:15pm Paint Night (T/AR)	23 Afternoon With Taylor 2:00pm Birthday Party w/ Bob Cook (Aud.) 3:30pm Sensory Time w/ Lucynt 3:45pm Chaplain Visits	24 10:00am Hand Massage 11:00am Exercise Group w/ Taylor (T/AR) 11:15am Gentle Stretch 1:30pm Bingo (Aud) 3:15pm Information Sharing-All About Me 4:15pm Mind and Melody	25 Pet Therapy Today Morning With Sherri 10:15am Front Lobby Strolls 11:30am Meal Program: Soup & Sandwich Fundraiser for Matthew's House Hospice (Aud) 3:00pm Country Drive 3:45pm Chaplain Visits	26 10:30am Ecumenical Service w/ Pat James (C) 1:30pm Tablet Games-Guess That Item 3:45pm Move to Music (TAR)	27 Afternoon With Lindsay 1:30pm Chaplain Visits w/ Andrew 1:30pm Spiritual Readings & Reflections (1:1) 2:45pm Just for Laughs (AR) 4:00pm Trivia (TVL)	28 Morning With Taylor 10:15am Lucynt Games (TVL) 11:15am Montessori Activities
29 10:15am Reminiscing-All about Me 11:00am Having a Ball 1:30pm Intergenerational Program-MRO Students 3:15pm Armchair Travel-Italy (ETR)	30 Evening With Lindsay Catholic Communion (1:1) 10:15am Exercise: Fitness Club (Aud) 2:30pm Spring Chicken Visits (E/AR) 3:45pm Chaplain Visits 6:15pm Poetry Reading (1:1) 7:15pm Sing Along (TVL)	NOTE: In case of inclement weather, Trio Bike Rides will be replaced with Front Lobby Coffee Social	*Please note programs are subject to change, & may be weather dependent* Please contact the Recreation Therapist to schedule FaceTime and Zoom calls.	Hiking for Hospice May 5th!		