

Recreation Therapist: Steve Fagan

Steve.fagan@simcoe.ca | ext. 5083

April 2024

Adjala Unit

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 	2 10:15am Resident's Council Meeting (Aud) 10:30am Calendar Delivery (P) 11:15am Exercise Class (AR) 1:30pm Bingo (Aud) 4:00pm Gentle Stretch	3 11:15am Manicures & Light Therapy 1:30pm Alliston Paramedic Station Tour (*) 1:30pm Restorative Walks (1-1)	4 Pet Therapy Today 4:00pm Volunteer Appreciation Dinner (Aud)	5 Afternoon w/ Amber! 11:00am Alliston Legion Lunch (*/\$) 3:00pm Chaplain Visits 4:00pm Move to Music (N/AR)	6 Catholic Communion this Morning Afternoon w/ Steve 1:00pm Chaplain Visits w/ Andrew 2:00pm Ecumenical Service w/ Andrew (C) 4:00pm Exercise: Active Games (TV)	7 Afternoon w/ Steve 2:00pm Tipping Hymn Sing (Aud.) 2:00pm Bunny Visits 4:00pm Board Games/Table Games
8 Morning w/ Steve 10:00am Gentle Stretch (1-1) 10:00am Travelling Library w/ Michael 11:00am Exercise Class (AR)	9 Catholic Communion 10:15am Exercise: Fitness Club (Aud) 11:00am Mind and Melody (1-1) 1:30pm Ice Cream Cart w/ Janet & Andrea 1:30pm Georgian Downs (*)	10 1:30pm Bingo w/ MRO Students 2:30pm Restorative Walks (1-1) 3:00pm Sing Along w/ Janet & Andrea 3:30pm Catholic Mass (Aud) 6:15pm Spiritual Reflections (RR) 7:00pm Youtube Videos (1-1)	11 Pet Therapy Today 10:00am Friendly Visits w/ Michael 1:30pm Walmart Shopping (*) 2:00pm Gentle Stretch (1-1) 4:00pm Hall Strolls (1-1) 6:15pm Trivia Time (TV) 7:00pm Shadow Box Time (1-1)	12 10:30am Ecumenical Service w/ Communion - Pat James (C) 1:30pm Montessori Bins (1-1) 3:00pm Chaplain Visits 4:00pm Library Visits (1-1) 6:15pm Manicures & Light Therapy (1-1) 7:00pm Friendly Visits (1-1)	13 1:00pm Chaplain Visits w/ Andrew 	14 Morning with Lindsay 10:00am Fun & Games (AR) 11:00am Hall Strolls (1:1)
15 World Art Day Colouring Sheets are in the TVL 10:00am Gentle Stretch (1-1) 11:00am Exercise Class (AR) 1:30pm Intergenerational Program - MRO Students: Good Deeds 4:00pm Hymn Sing w/ Steve (AR)	16 10:15am Exercise: Fitness Club (Aud) 11:00am Mind and Melody (1-1) 1:30pm Manicures & Light Therapy (1-1) 4:00pm Montessori Cart (1-1)	17 7:30am Breakfast: Stacked Alliston (*/\$) 1:30pm Bingo (Aud) 3:45pm Lucyant Gaming Machine (RR) 6:30pm RC Nomination Videos	18 Pet Therapy Today Afternoon w/ Taylor 11:30am Italian Luncheon (Aud.) 2:30pm Virtual Google Earth 4:00pm Fold and Sort (1:1)	19 10:15am Bible Study with Teresa (I/AR) 1:30pm Breedon's Sugar Shack (*) 2:00pm Learn A New Language-Italian(ĒAR) 3:00pm Chaplain Visits	20 Afternoon w/ Steve 1:10pm Chaplain Visits w/ Andrew 1:30pm Calendar Review (AR) 2:00pm Ecumenical Service w/ Andrew (C) 4:00pm Exercise: Active Games (TV)	21 Afternoon w/ Steve 1:30pm Exercise Class (TV) 3:30pm Brush to Canvas (1-1)
22 10:00am Gentle Stretch (1-1) 11:00am Exercise Class (AR) 1:30pm Intergenerational Program-Earth Day Clean-Up @ Beeton Park 4:00pm Spiritual Reflections (1-1)	23 Catholic Communion 10:00am Baking Bread (AR) 11:00am Mind and Melody (1-1) 2:00pm Birthday Party w/ Bob Cook (Aud.) 4:00pm Restorative Walks	24 1:30pm Bingo (Aud) 3:30pm Trio Bike Rides (*) 6:15pm Relaxation Room (RR) 7:00pm Bunny Visits (1-1)	25 Pet Therapy Today 11:30am Meal Program: Soup & Sandwich Fundraiser for Matthew's House Hospice (Aud) 3:00pm Country Drive 6:15pm Gentle Stretch (1-1) 7:00pm Friendly Visits (1-1)	26 10:30am Ecumenical Service w/ Pat James (C) 1:30pm Manicures & Light Therapy (1-1) 3:00pm Chaplain Visits 3:30pm Tuck Shop Cart (1-1/\$) 6:15pm Chicken Soup for the Soul (RR) 7:25pm Evening Movie (TV)	27 1:00pm Chaplain Visits w/ Andrew	28 Evening with Rachele 6:15pm Sensory Activities (1-1) 7:15pm Friendly Visits (1-1) - Vari
29 10:00am Gentle Stretch (1-1) 11:00am Exercise Class (AR) 1:30pm Intergenerational Program-MRO Students 4:00pm Hymn Sing w/ Steve	30 10:15am Exercise: Fitness Club (Aud) 11:00am Mind and Melody (1-1) 2:30pm Spring Chicken Visits (E/AR) 4:00pm Montessori Cart	NOTE: In case of inclement weather, Trio Bike Rides will be replaced with Front Lobby Coffee Social	*Please note programs are subject to change, & may be weather dependent* Please contact the Recreation Therapist to schedule FaceTime and Zoom calls.	Hiking for Hospice May 5th!		

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