

## Simcoe Manor Family Council

### Minutes of Meeting

Wednesday, November 1, 2023

**Present** – Rosa Athanassoulis-Programs and Support Services Supervisor, Rob Heffernan-Manager of 911 and Emergency Planning, Tammy Conrad-Resident Care Program Supervisor, Veronica McCarren, Linda Sherman, Diane Huntley, Debbie King, Susan Calder

- **Welcome** – Susan Calder
  
- **Footcare** – Tammy Conrad
  - third party process for delivery of footcare began in spring/23 – care delivered by Silver Linings Health Care from Burlington
  - foot care now being delivered by third party in many Long Term Care homes throughout province
  - service every eight weeks unless family requests shorter service intervals
  - as with hair care and dental care – visits carry a charge – foot care charge is \$60 per service
  - service includes: cleaning, i.e., removal of calluses, corns, dry skin – toenail care, i.e., trimming, filing – initiate advanced wound care referral if required – toenail buffing – heel and foot bottom pumice stone buffing – foot and leg massage to aid circulation and moisturize dry feet and legs – recommend compression socks if circulatory issues are observed
  - families are responsible for seeking access to service – Tammy can assist – receipts are issued
  - homes were visited by Ministry of Long Term Care and Public Health – it was determined that third party agency would be utilized to fill gaps in service that was originally provided
  
- **Emergency Planning** – Rob Heffernan
  - there are various emergency codes to cover different situations that might arise, e.g., tornado, intruder, fire, weapon, inclement weather e.g., severe snow storm, elevator failure, power outage, outbreaks, hostage taking
  - plans are reviewed annually
  - there are fire drills once a month in designated sections of the Home in order to avoid disruption to residents
  - staff receive ongoing training – sometimes table top training to avoid disruption to residents
  - questions, comments, concerns – can be directed to [rob.heffernan@simcoe.ca](mailto:rob.heffernan@simcoe.ca)
  
- **End of Life, palliative care** – deferred to meeting for December 6/23

- **100 Women Who Care – Rosa Athanassoulis**
  - group recently disbanded in Alliston area
  - when group meets, each member contributes money
  - presentations from local charitable organizations, women's group decides which organization they will support at meeting – in past, the Alliston group made donations to, e.g., Procyon shelter for animals, Food Bank, Women's Shelter
  - Linda Sherman was part of Alliston group – Linda will consult with daughter for possible presentation to Residents' Council
  
- **The Ontario Caregiver Organization, presentation for December 6/23 – Rosa Athanassoulis**
  - provides support for families/individuals who support loved ones in care homes, in their own homes
  - Rosa will be meeting with organization on Nov. 7<sup>th</sup> to discuss presentation – invitational posters will be displayed for families to attend on December 6<sup>th</sup>
  - email blast will also be sent to families of residents
  
- **Quality Improvement Plan – Rosa Athanassoulis**
  - measures performance of Home, e.g., number of emergency visits to hospital (whether visits are justifiable), residents' satisfaction, use of antipsychotic medication for non-diagnosed residents, i.e., sometimes an antipsychotic might be used to modify specific behaviours
  - measureable data is based on history – not based on current events
  
- **Approve Minutes from meeting of August 9, 2023 – Susan Calder**
  - minutes approved by Debbie King
  - minutes seconded by Linda Sherman
  
- **Treasurer's Report – Linda Sherman**
  - Krispy Kreme donut sales – final – at final pickup, some people were requesting to purchase donuts – in possible future, have some additional items for purchase on the day of pickup
  - profit from sales was \$592
  - bank account balance is currently \$736.78
  
- **Simcoe Manor Redevelopment Committee meeting, October 16/23 – Susan Calder**
  - powerpoint presentation – there have been 80,000 truckloads of fill – soil has been monitored by engineers – final approval to move ahead with construction was approved in August when soil was settled
  - moving ahead with construction of new Long Term Care facility - concrete to be poured in November/23.
  - construction will be slowed in spring by half load limits as ground thaws for 6-8 weeks

- Long Term Care will be constructed first, followed by campus offices, i.e., main building with doctor offices, admin. offices, etc. – followed by supportive housing building to be completed 2026, then life lease apartments/condos completed 2027
- construction from 2023 to 2027
- project is currently 47% funded (e.g., government Ministry of Long Term Care, Ministry of Health, sales of apartments/condos to come and other current sources)
- **Family Council Audit, results/discussion – Rosa Athanassoulis**
  - deferred to meeting for December 6/23
- **Christmas Mini Market and Fun Day, December 3 – Rosa Athanassoulis**
  - contact Rosa if able to assist as volunteer
  - ten vendors
  - 10 A.M. to 2 P.M.
- **Home Updates – Rosa Athanassoulis, Programs and Support Services Supervisor**
  - posting for two RTA's (recreational therapy assistants)
  - refocus of physiotherapy hours for 1:1 therapy
  - Christmas social for family and friends – December 15<sup>th</sup>
  - flu vaccine at Simcoe Manor for residents, staff, and volunteers (Pfizer)
  - volunteer numbers are increasing due to increase in the number of reorientations offered
  - welcome more co-op students – (PSW, PTA/OTA – physiotherapy assistants, and Recreation staff)
  - Christmas elves adopted 25 residents at Simcoe Manor
  - Remembrance Day service November 10<sup>th</sup> and gathering on November 11<sup>th</sup>
  - looking for volunteers – December 3<sup>rd</sup> Mini Christmas Market and Fun Day!
  - Alzheimer's coffee break raised \$146.00
  - Caregiver Association will present information at December 6<sup>th</sup> meeting of Family Council, information will be sent to families upon final confirmation of their focus
- **New Business – Susan Calder**
  - Please contact Susan through the Family Council email for issues that can be discussed at the next meeting.

*Confirm meeting date for January – 3<sup>rd</sup> or 10<sup>th</sup>, 2024*

**Next Meeting,  
Wednesday, December 6, 2023  
3 P.M.  
Tea Room at Simcoe Manor  
Microsoft Teams**

*January meeting date will be confirmed at the meeting on December 6<sup>th</sup>.*

