

MINUTES

Simcoe Manor Family Council Wednesday, February 7, 2024 3:00 P.M.

Present – Rosa Athanassoulis-Programs and Support Services Supervisor, Susan Calder, Debbie King, Linda Sherman, Joan McDonald, Diane Huntley, Michelle Wilson-Palliative Team-Nurse Led Outreach Team (NLOT)

- **Welcome** – Susan Calder

- **End of life, palliative care, MAID** – Michelle Wilson-NLOT
 - Michelle is a Nurse Practitioner – team consults with twelve long term care homes and Simcoe Manor is one of them – also liaise with Stevenson Memorial Hospital
 - families can access Michelle through staff at Simcoe Manor – Michelle’s email is mwilson@southlake.ca
 - NLOT supports quality of life for residents in their last 3 months of life – continue to support families as they proceed through bereavement
 - support residents who are experiencing life limiting illness, e.g., heart failure/stroke, dementia, cancer
 - as residents are deemed palliative by the PPS (Palliative Performance Scale), scale measures resident’s capabilities in 10% increments (of decline) – design programs/strategies to support patients living with dignity as they move toward death
 - MAID(Medical Assistance in Dying) is a life/death option for Canadian adults if experiencing loss of abilities for daily living as they proceed through grievous medical conditions, e.g., heart failure/stroke, cancer – resident must be cognitively able to provide consent for MAID and resident must be made aware of all other possible care options – two independent assessments must be completed upon request, assessments can be completed by doctors or nurse practitioners
 - DNR – do not resuscitate
 - ACP – advanced care planning
 - GOC – goals of care
 - quality of life vs quantity of life
 - use of MAID is currently on hold for mental illnesses, at the federal government level

- **Ministry of Health Inspection Report findings** – Stacey MacKenzie, Director of Nursing Care
 - clothing donations?
 - Ministry of Long Term Care inspection requested revision of concern/complaint forms to include phone contact number for Ministry of Long Term Care – all completed forms must be returned to complainant with resolution
 - results/minutes of weekly high risk meetings must be available for all staff members and must be reviewed by all staff regularly

- to determine a resident's ID, re: Resident Safety Policy – check photo in Point Click Care, check resident ID bracelet if worn, confirm ID with resident if cognitively aware, confirm ID with family member or another staff member if resident is not cognitively aware
- whereas Ministry inspections look for areas that require improvement, accreditation looks for the good things that are happening in the Homes – there are 300 standards to be met – Simcoe County's four homes did not meet 2 of those standards – result, was an excellent outcome
 - donations – Simcoe Manor does not take donations of clothing or assistive devices – Rosa keeps minimal up to date assistive device equipment on hand to assist residents temporarily
 - residents should not have personal heating pads – should not buy over the counter medications when shopping – all medications that are given – must be documented
 - mechanical lifts cannot be administered by families/visitors due to legal issues – two staff must use lifts for safety
- **Approve Minutes from meeting of January 10, 2024** – Susan Calder
 - approved by Linda Sherman, seconded by Debbie King
- **Treasurer's Report** – Linda Sherman
 - account balance is currently \$739.20
 - Susan Calder will attend next Residents' Council meeting on March 4th requesting collaboration for purchase of comfort tablet for palliative program – member Debbie King discussed assistance with resident Wayne Kneeshaw on February 8/24
- **Palliative Care meeting, January 11, 2024** – Susan Calder
 - Tammy Conrad will work with Betty regarding subcommittees
 - educational opportunities are being provided for staff members
 - re: Steve – soothing pod needs iPad for relaxing comfort program – Susan wonders if Family Council might be interested in making a donation (Susan attended Residents' Council meeting on February 5th to discuss donation) – fundraising can also involve upcoming candygrams for Valentine's Day, possible bake sale?
 - MAID process – support for Long Term Care – speaks to unit and families – beginning to see more requests – Michelle Wilson
 - staff support also needed
 - Michelle Wilson can be contacted regarding palliative care and MAID at mwilson@southlake.ca
 - volunteers help in palliative for residents who have minimal support
- **Candygrams, Residents' Council** – Rosa Athanassoulis
 - student volunteers are helping with sales and sorting of purchases – sales end on Sunday, February 11/24 – deliveries will occur on February 14th

- **Home Updates** – Rosa Athanassoulis, Programs and Support Services Supervisor
 - Alix Coutts is the new Volunteer Coordinator – works from Trillium in Orillia – has been at Simcoe Manor a few times – coordinates for all four County homes
 - school partnerships with St. Thomas Aquinas, Banting Memorial have resumed – shadowing of job roles is encouraged, i.e., nursing, physio, closet cleanup
 - Bake Sale – February 27th from 9 A.M. to 3 P.M. to support palliative program
 - Taylor is organizing Therapeutic Recreation Bingo
 - Linda Sherman reports that CHATS is hosting a presentation for Navigating the Health Care System on March 26th – interested people should contact Jessy Brown at 905 713-3373, ext. 6221
 - Family Councils of Ontario and Dying with Dignity is presenting three sessions – Advanced Care Planning, February 28th - End-of-Life options, March 6th – Medical Assistance in Dying (MAID), March 13th - these are online webinars – for information and/or registration check fco.ngo
- **New Business** – Susan Calder
 - Please contact Susan through the Family Council email for issues that can be discussed at the next meeting.

***Meeting adjourned,
4:45 P.M.***

***Next Meeting,
Wednesday, March 6, 2024
3 P.M.
Tea Room at Simcoe Manor
Microsoft Teams***