

Main Line 705-726-9300 Toll Free 1-866-893-9300 Fax 705-792-5743 simcoe.ca

MINUTES

SUBJECT: Age-Friendly Advisory Committee

MEETING DATE: December 14, 2021 **TIME:** 10:30 am – 12:00 pm

LOCATION: Zoom

CHAIR: Jane Sinclair, General Manager, Health & Emergency Services

ATTENDANCE:

County Councilor Anita Dubeau

Carolyn Jones, Simcoe Muskoka District Health Unit

Christina Strong, Public Awareness Coordinator, Independent Living Services, Barrie

David Parks, Director, Planning, Economic Development & Transportation, County of Simcoe

Judy Contin, Executive Director, Askennonia Senior Centre

Margaret Adolphe, Chair Accessibility Committee of Collingwood

Michele Gouette, Seniors Representative

Michelle Pauzé, Director Seniors Services, County of Simcoe

Ron Coutts, Seniors' Representative

County Councilor Sandie Macdonald

Tracy Hill, Age-Friendly Coordinator, County of Simcoe

GUESTS

Colleen Simpson, Manager, 911 and Emergency Planning France Connor, Programs Manager, A Friendly Voice Rob Heffernan, Emergency Management Program Supervisor

REGRETS

Andrea Roylance, Matthews House Hospice

Annick Brown, Director of Family Services, La Clé

Arfona Zwiers, Director, Social and Affordable Housing, County of Simcoe

Åsa Klint Piggott, Manager, Performance, Quality & Development, County of Simcoe

Carly Murphy, Essa Township

Cate Root, Tay Township Representative

Catherine O'Connor, Hearing Care Counsellor

Chris Greer, Tiny Township Senior Advisory Committee

Christy Skelly, Independent Living Services

Dawn Hipwell, Director, Procurement, Fleet & Property County of Simcoe

Gayle Hall, Chief Librarian, County of Simcoe

Greg Bishop, Director, Social and Community Housing, County of Simcoe

Heather Hollingshead, Spinal Cord Injury Ontario (SCIO)

Jamie Moran, Director, Ontario Works

Katelyn Johns, Legislative Coordinator, County of Simcoe

Jim Gough, Seniors' Representative

Johan Chen, Planning Officer, Entité 4

Katelyn Johns, Legislative Coordinator, County of Simcoe

Kari Warnar, Community Safety and Wellbeing, Avail Consulting



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Kelley Swift Jones, County of Simcoe Museum

Kris Houston, Project Champion, Project LifeSaver Laura Lynn Borassa, Alzheimer's Society

Linda Flemington, Collingwood

Lori Crossan, Collingwood Public Library

Lucia Ricardo, Seniors Advisory Committee and CNIB Simcoe Muskoka

Lynne Trotechaud, Manager of Collaborations and Partnerships, United Way Greater Simcoe Muskoka

Maggie Off, Community Recreation Coordinator, Seniors Advisory Committee, Township of Tiny

Mary Warnock, Chair Seniors Advisory Committee, Tay Township

Maria Borczyk, Matthews House Hospice

Marie Hartman, South Georgian Bay Community Health Centre

Marlene de Jesus, Helping Hands Orillia

Melissa Mei, LHINS

Merideth Morrison, Director, Performance, Quality & Development, County of Simcoe

Nancy Esson, Right At Home Canada

Ruth McArthur, Simcoe Muskoka District Health Unit

Sharon Youell, County of Simcoe

Sherry Teeter, Community Connection/211 Central East Ontario

Sandra Easson Bruno, Director North Simcoe Muskoka Specialized Geriatric Services Program

Sarah Orr-Shaw, Simcoe Muskoka District Health Unit

Susan Plewes, LHINS

Tami Tarini, Independent Living Services

Tom Johnston, Seniors for Seniors

RECORDER: Catherine Ivanyshyn, Administrative Assistant, County of Simcoe

	ITEM	ACTION
1.0	WELCOME AND INTRODUCTIONS	
	All were welcomed to the meeting.	
2.0	APPROVAL OF AGENDA	
	The Agenda was approved as presented.	
3.0	PREVIOUS MINUTES – September 21, 2021	
	The previous Minutes were approved as presented by Judy Contin and seconded by Deputy Mayor Anita Dubeau.	
4.0	PRESENTATION: "A Friendly Voice"	Schedule a follow up meeting.
	France Connor, Programs Manager, A Friendly Voice France.connor@rosss.ca (613) 692-4697 ext. 235 https://afriendlyvoice.ca/	Post link on the County of Simcoe Age-Friendly Webpage (completed).



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	ITEM	ACTION
•	A Friendly Voice is a free, confidential "warm line" for older Ontarians, 55+ who just want to chat with a friendly person who cares, without expectations or judgment.	Communicate service to the County Library and connect with Gayle Hall.
•	A Friendly Voice launched on December 18 th and has been running for three (3) years.	
•	A large volunteer pool and modelled on a similar program in the UK called "Silver Linings", who are very large and who have been around longer.	
•	Originally funded by the Ontario Trillium Foundation until April 2021.	
•	The phone line is open 365 days a year and open on holidays.	
•	This is telephone only and not virtual at this time as many of the volunteers want to keep their anonymity. A Friendly Voice has been approached to offer virtual options and will be reviewing. Many have a have not have the means to connect virtually.	
•	Trained volunteers provide links and services within callers' communities to help keep them connected socially. Many want to remain in their own homes, but lack that social interactions. Many are not interested in programs, but like to have a friendly chat about their day.	
•	Not a distress line, counselling line, advice line or referral line. We provide a friendly "friendship" call. Many repeat callers depending on loneliness.	
•	We deal mainly with rural communities where seniors may be more disconnected and isolated.	
•	The goal is to create a positive service that will help reduce the growing epidemic of isolation in the seniors population in Ontario. An estimated 1.6 elderly Canadians that feel lonely and this can lead to significant health issues.	
•	Currently have a local Ottawa phone number as well as 1-800 toll free number across Ontario.	
•	Sponsors and Funding – Bell Let's Talk, United Way Ontario East, New Horizons for Seniors Grant,	



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	ITEM		ACTION
	unity Seniors Grant thro sibility Ontario.	ugh Seniors and	
Questions	5 :		
• How is	this marketed?		
Together von how to needed mo	anded and working with with the agency, we are promote the service moost. We use social med will be looking at radioes to help promote the service and will be services.	working on strategies are efficiently where it's lia (i.e Facebook, b. Want to look at	
service	a referral services conno es or just conversation? ces be in the area of wh !?	And will these	
provide the	Voice has volunteers a e senior with the informa lity to contact the servic	ation and it is their	
the callers that one or	d resource in our area f are living with some me n one support. We wou ss lines which are good Together).	ental illness and need ld give them the Crisis	
resource the hea	seniors do not know whe ces. How do you get out alth system (doctors offi ay see a seniors experi	t to the public or into ces, hospitals) where	
outreach p	Voice has started in the program with the main for professionals, etc.		
Ontario He Associatio	as that can help to promealth Teams, Ontario Con, Ontario Non-Profit No cine, ILS – Independent by, etc.	ommunity Support etwork, Community	
_	of A Friendly Voice is to ad across Canada.	expand through	
5.0 PRESENTAT	ION: "Emergencies –	Are You Ready?"	

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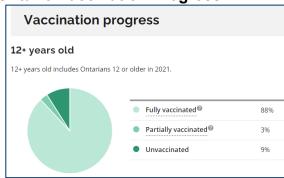
ITEM	ACTION
Rob Heffernan, Emergency Services Program Supervisor	

 For more information and resources, the County's online Emergency Resource Guide is located here: https://www.simcoe.ca/beprepared

COVID-19 Updates

- A current COVID case rate was provided. Currently, there is a significant spread in our area. Provincial updates will be coming soon with more restrictive guidelines.
- More Rapid Antigen testing will be provided.

• Ontario Vaccination Progress:



SMDHU Vaccinations Rates:

- Ages 5-11 31% have received 1st COVID-19 shot
- 49,953 Third dose boosters administered (8.3% population)

	I st Dose	2 nd Dose	% 3 rd Dose
SMDHU – N.B.Total Population	79.7%	75.0%	8.3%

Ontario Public Health Steps (December 10):

- Delay in lifting of proof of vaccination requirements (was to end Jan. 17, 2022)
- Dec. 6 2021 enhanced access to rapid testing (34 million tests distributed)
- Dec. 20, 2021 youth aged 12-17 in sports must show vaccine certificate



	LUL TAU SITICOE.Ca	
	ITEM	ACTION
	 Dec. 13, 2021 - all 50+ eligible to book 3rd dose booster Jan. 4, 2022 - all 18+ eligible to book 3rd dose booster Jan. 4, 2022 - Enhanced vaccine certificate (QR code) & Verify Ontario App required QR Code can be paper or electronic Dr. Gardner will be releasing a Letter of Instruction with more capacity limits. Some areas are slowing down the Return to the Workplace. 	
6.0	PRESENTATION: "Simcoe Village Redevelopment"	Invite one or two Georgian
	Jane Sinclair, General Manager, Health & Emergency Services	Village residents to be on the Simcoe Village Redevelopment Working
	 A comprehensive process was undergone over the last number of years looking at feasibility studies and the physical building that currently exists. Recommended a redevelopment due to the aging building. Market studies were done on the need for seniors housing, long-term care beds, etc. Looked at the significant proportion of seniors in the growth anticipated in the area and County Council has approved and we are moving forward with construction. This will be a phased in plan to build all housing in the first phase and, if continued demand is required, there will be dedicated space on the property from space where the older building will be taken down. Simcoe Village will be modelled after Georgian Village. A number of new elements will be added including Life Lease, Affordable Housing, Market Rentals, Garden Homes and Cohousing. Developing the housing all at the same time will save significant money. All dollars raised for the operations will be reinvested back into the running of the operations 	Group.
	 and into reserves for future maintenance. Simcoe Village Redevelopment Working Group has been established with County staff, Family & Residents, and five County Councillors. 	



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	ITEM		ACTION
those tran	ty will be supporting other sitioning from hospital to and providing onsite acco	their homes and	
Question	<u>s</u>		
	be transportation provide the larger areas?	ed in and out of the	
transporta	ty will have a bus and va ation out of the area to lar n by the Transportation D	ger areas are being	
_	u consider having one or on the Simcoe Village W		
	onsider inviting a few of the to the Working Group.	ne Georgian Village	
7.0 WHAT'S HA Roundtable	PPENING (local commu	unity initiatives) –	
	ssion took place regardin ary of the discussions are	•	
on the Penetanguis the Community We in January. Have o	a Dubeau, Council Represhene Age-Friendly Plan Illness Committee and be Ione an official plan recer of the Wellness Plan iss	that was presented to presented at Council atly working on zoning	
Living Services, Ba Accreditation proce has retired and now with Dan Leonard i	ublic Awareness Coordin arrie – ILS has been going ess. The long-term Navig v Accessibility Resources s now the Community Se Id like to invite to the Age	g through the lator, Kristy Scully, s and Connections ervice Coordinator and	Invite Dan Leonard, ILS to the Age-Friendly Advisory Committee.
Library continues p Trivia night via Zoo to adding Age-Frie	donald, Council Represe rograms to run seniors p m on Saturday nights. W ndly to other groups such We continue to encourag ur area.	rograms such as Ve are looking forward as Healthy Living	



ITEM	ACTION
Ron Coutts - Seniors' Representative – Doing well and attending Church activities. Looking forward to the new Simcoe Village redevelopment.	
Judy Contin, Executive Director Askennonia Senior Centre – The Centre is due to close this Friday and closed for two weeks over the holidays. Very happy that Simcoe County supported the Grant application for continuation of a Navigational Worker in the community for the older adult population. Exercises classes and fitness programs are being well attended and looking forward to adding more programs after the new year. Update on North Simcoe Regional Age-Friendly Planning collaboration has been started with a new Steering Committee being created. A planning meeting will be made to make recommendations with the municipalities. If the Ontario Health Team takes this on, they will be the lead coordinating body.	
Carolyn Jones, Simcoe Muskoka District Health Unit – Temporarily stepping in from the Health Unit and will provide contact information to forward Minutes.	
Michelle Pauzé, Director Seniors Services, County of Simcoe – The County has just gone through a supplemental Accreditation Review to maintain our Exemplary Standing and will be going through full Accreditation in 2022. All residents and staff in Long-Term Care and Retirement and Supportive Housing have received their boosters.	
1. Closing Remarks / 2022 Schedule	
The Age-Friendly Advisory Committee Meetings will be scheduled every two months beginning February 1 st , 2022.	
2. Next Meeting: February 1 st , 2022	
3. Adjournment: 12:00	



Simcoe Manor Redevelopment

Jane Sinclair
General Manager, Health and Emergency Services

simcoe.ca

Site Plan Overview





Presentation Overview



- Background
- Property
- Updated Business Case
- Capital Financial Plan
- Pro Forma Operational Plan
- Project Design
- Next Steps



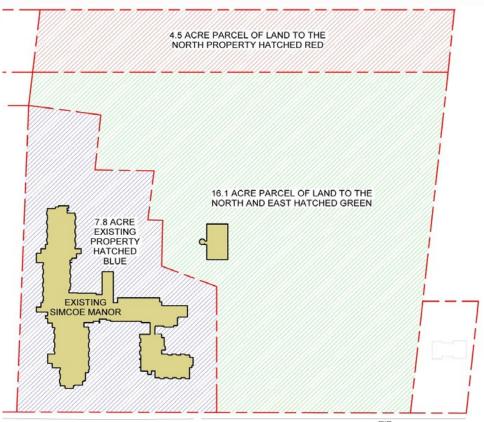
Background



- Structural Feasibility Study
 - Original Building 1898 / 3 Renovations
 - Study Findings
 - Functional Limitations, Inefficient Systems and Structural Issues
- Market Assessment
 - 55+ Population 74.2% Growth Rate (10 year period)
 - Wide Range of Income Levels / Housing Needs
- Master Plan
 - Two-Phase Development
 - Expanded Long-Term Care Home (160)
 - Rebuild Supportive Housing & ADP Space
 - Additional Range of Housing & Services

Property





The Land Acquisition consists of three parcels of land

- The existing 7.8 acre Simcoe
 Manor property
- 16.1 acres of land to the east of the existing property
- 4.5 acres of land to the north

The total site area is 28.4 acres

Updated Business Case



- Master Plan
 - Phase I Construction All Housing Components
 - Rebuild (126 to 160) LTC + 32 Unit Supportive Housing + ADP
 - New Housing Units
 - Life Lease, AFH, Rentals, Retirement, Town/Garden Homes, Co-Housing
 - Phase 2 Future Growth Potential
- Benefits
 - \$4M Construction Savings
 - \$481K Annual LTC Tax Levy
 - \$IM ↑ Annual Transfers to Reserve
 - Total 303 Housing Units (158 existing units)
 - 57 New Jobs + \$8.4M Community Impact

Capital – Financial Plan

Supportive Housing

TOTAL PROJECT COST



Fundraising

Fundraising

62.3%

• • • • • • • • • • • • • • • • • • •			LONG TERM CARE AND SENIORS SERVICES
Housing Model	Cost Estimate	Eligible Funding	Funding Sources
LTC – 126 Existing Beds	\$ 58,717,778	\$ 21,592,305	Ministry of LTC
LTC – 34 New Beds	\$ 15,844,480	\$ 6,076,495	Ministry of LTC
		\$ 5,000,000	Homes Contingency Reserve
		\$ 1.491,245	Fundraising Campaign
		\$ 7,018,776	Development Charges
		¢ 10.300 E00	Parrio/Orillia

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		\$ 7,018,776	Development Charges
		\$ 10,388,589	Barrie/Orillia
Co-Housing	\$ 2,735,301	\$ 54.708	Fundraising

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		\$ 7,018,776	Development Charges
		\$ 10,388,589	Barrie/Orillia
Co-Housing	\$ 2,735,391	\$ 54,708	Fundraising
Retirement Living	\$ 27,905,386	\$ 25,114,848	Development Charges
		\$ 558,108	Fundraising
Life Lease Suites	\$ 27,905,386	\$ 13,952,693	Sale of 50%

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		\$ 558,108	Fundraising
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		\$ 558,108	Fundraising
Affordable Housing	\$ 18,061,890	\$ 4,800,000	\$150k per unit
		\$ 5,936,716	Development Charges
		\$ 361,238	Fundraising
		\$ 4,848,201	Barrie/Orillia
Rental Townhomes	\$ 3,706,060	\$ 74,121	Fundraising
Life Lease Garden Homes	\$ 4,402,772	\$ 2,201,386	Sale of 50%

\$

\$ 18,061,890

\$ 177,341,559

88,055

361,238

\$ 110,476,830

Pro Forma – Operational Plan SIMCOE





Simcoe Village \$ '000												
	2020	2021	2022	2023	2024	2025	2026	2027	2028	2029	2030	Total
Operating Revenue												10001
Subsidies	6,782	6,657	6,750	6,845	7,953	8,063	8,175	8,288	8,403	8,520	8,639	85,075
Municipal Billings	515	560	584	609	490	518	552	588	630	665	702	6,413
User Fees	3,387	3,395	3,403	3,412	8,598	8,681	8,765	8,851	8,938	9,027	9,117	75,574
Miscellaneous	5	5	5	5	171	174	177	181	184	188	191	1,286
Transfer From Reserve	101	5	5	5	407	415	423	432	440	449	458	3,140
Total Revenue	10,790	10,622	10,747	10,876	17,619	17,851	18,092	18,340	18,595	18,849	19,107	171,488
Operating Expenses												
Salaries & Benefits	9,985	10,154	10,326	10,500	13,758	13,998	14,270	14,548	14,831	15,121	15,416	142,907
Administration	220	197	198	200	248	251	253	256	259	261	264	2,607
Facilities	701	623	633	646	1,684	1,711	1,739	1,776	1,835	1,860	1,891	15,099
Cost of Service Delivery	704	717	731	745	1,691	1,724	1,757	1,790	1,825	1,860	1,896	15,440
Transfer To Reserve	5	5	5	5	978	990	1,003	1,016	1,029	1,042	1,055	7,133
Total Expenses	11,615	11,696	11,893	12,096	18,359	18,674	19,022	19,386	19,779	20,144	20,522	183,186
Total Operating Balance	825	1,074	1,146	1,220	740	823	930	1,046	1,184	1,295	1,415	11,698

Project Design - Site Plan





- The site design reflect a Continuum of Care model from independent living to LTC
- Access to the site is from the 8th Line with a separate entrance point to the LTC and Village Square
- Green spaces have been taken advantage of for outdoor amenities, walking trails and feature ponds
- Parking areas have been designated for each building, visitors and staff
- Separation of buildings will maximize exposure to natural light and surrounding green space

Recommendations



- THAT Staff be authorized to proceed with the Simcoe Manor Redevelopment Master Plan, subject to the Ministry of Long-Term Care funding for new Long-Term Care beds; and
- THAT County Council appoint two (2) Council representatives to participate on a Redevelopment Project Working Group to support and guide the Simcoe Manor redevelopment for the duration of the Project





Next Steps



- High-Level Design Meetings (2020-2021) With User Groups
- Detailed Design Review User Groups
- Simcoe Village Redevelopment Working Group
 - Oct 18, 2021
 - Family & Residents
 - Susan Calder, Simcoe Manor Family Council Chair
 - Marilyn Comptom, President, Resident Council Simcoe Manor
 - Diane McPherson, President, Resident Council Simcoe Village
 - 5 County Councillors
- Finalization of Long-Term Care Bed Approval
- Ground-Breaking
- Construction Schedule 2022-2024





QUESTIONS?





Emergencies Are You Ready?

simcoe.ca

Emergencies





Emergency responders must initially focus on assisting people who are in the greatest danger.

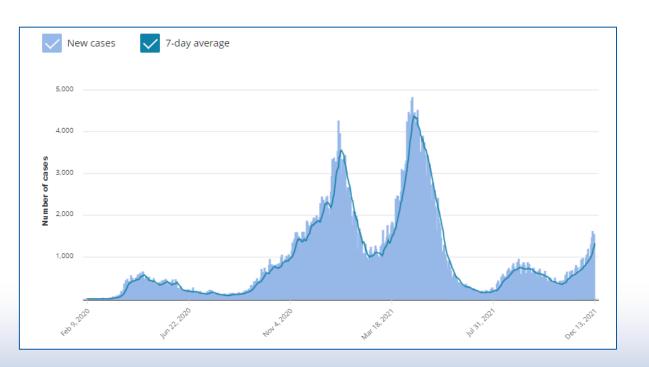


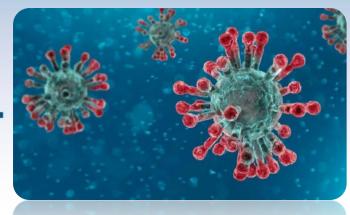
It's up to us to be prepared.



COVID-19 – Ontario Timeline

- Declared Emergencies:257 Municipal & First Nation communities
- Ontario 7 Day Average: 1328 cases/day

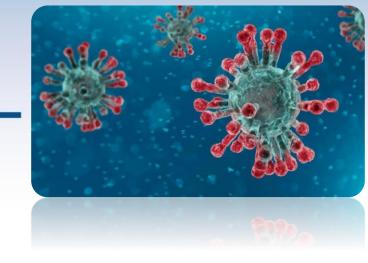




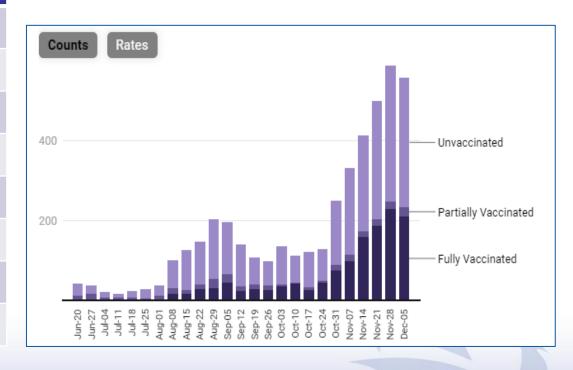
Date	New cases	7-day average
Dec. 13	1536	1328
Dec. 12	1476	1236
Dec. 11	1607	1194
Dec. 10	1453	1115
Dec. 9	1290	1055
Dec. 8	1009	1007
Dec. 7	928	975
Dec. 6	887	940
Dec. 5	1184	926
Dec. 4	1053	895
Oct. 31	422	362
Oct. 1	668	597

COVID-19 – Local Status

Simcoe Muskoka District Health Unit



Week	New Cases	% +/-
VVCCK	New Cases	70 -1-
Dec. 5-Dec. 11	557	-5%
Nov. 28-Dec. 4	588	+18%
Nov. 21-27	500	+25%
Nov. 14-20	414	+25%
Nov. 7-13	332	+33%
Oct. 31-Nov. 6	249	+48%
Oct. 24-30	127	+4%
Oct. 17-23	122	N/A



COVID-19 Protecting Ourselves

- Follow public health guidelines
- Limit gatherings, physical distancing, masks, sanitize hands
- Get vaccinated!

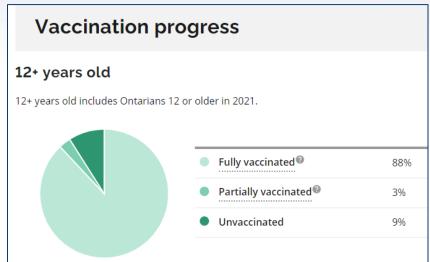


Vaccination Rates - SMDHU





Ontario Vaccination Progress



SMDHU Vaccinations Rates:

- Ages 5-11 31% have received 1st COVID-19 shot
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	I st Dose	2 nd Dose	% 3 rd Dose
SMDHU – N.B.Total Population	79.7%	75.0%	8.3%



Ontario, COVID-19 & Omicron





Ontario Public Health Steps (December 10)

- Delay in lifting of proof of vaccination requirements (was to end Jan. 17, 2022)
- Dec. 6 2021 enhanced access to rapid testing (34 million tests distributed)
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- Jan. 4, 2022 all 18+ eligible to book 3rd dose booster
- Jan. 4, 2022 Enhanced vaccine certificate (QR code) & Verify Ontario App required QR Code can be paper or electronic



Be Prepared





- Know the risks
- Make a plan
- Get a kit









I. Know the Risks











Make a plan





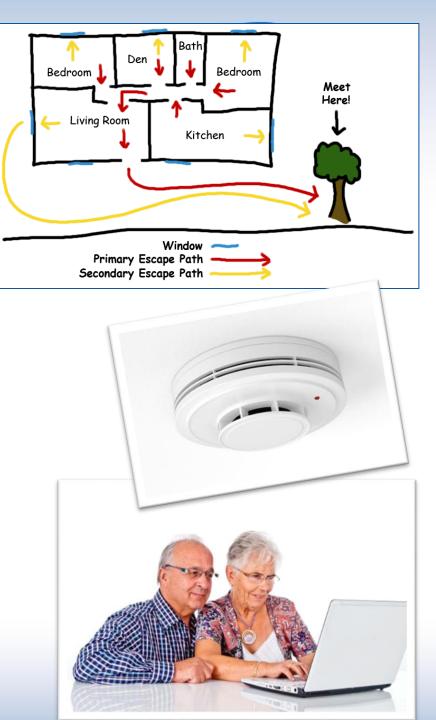
Make a Plan

Home Escape Plan Know 2 ways out.

Set a Safe Meeting Location

Where will you go if you have to leave home?

Where will you stay?



Make a Plan





- Communication Plan
 Keep family, friends and important contacts up to date.
- Out of Area Contact
 Identify an out-of-area contact to coordinate communications.

Landlines, text messaging, phone chargers



Make a Plan





Personal Support Network

Build a support network in advance: family, friends, neighbours, community agencies, HCC, etc.

Recovery Plan

Copy important documents
Check insurance policies







Get a kit



Assemble supplies to be self-sufficient for up to 72 hours.



Get a Kit





- water (4L per day)
- food
- ☐ first aid kit
- flashlight (batteries)
- □ radio (batteries)
- can opener
- emergency blanket
- personal care: toothbrush, toiletries, sanitizer
- multi-tool



Get a Kit





- cash (small denominations)
- medications (a one week supply)
- copies of prescriptions
- copy ID & important documents
- □ list of emergency contacts







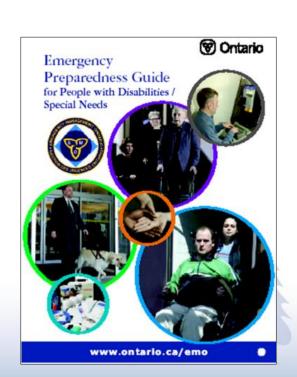
Personal Needs Items





- spare glasses
- spare hearing aid batteries
- dentures/cleanser
- personal hygiene supplies
- other items as required





Car Emergency Kit





- snow brush, ice scraper & shovel
- booster cables
- □ survival candle in a can, matches/lighter
- flashlight
- gloves/mitts/toque
- blanket
- first aid kit
- water & food
- wiper fluid
- cell phone charger



gas tank: minimum 1/2 full

Emergency Preparedness





Questions?

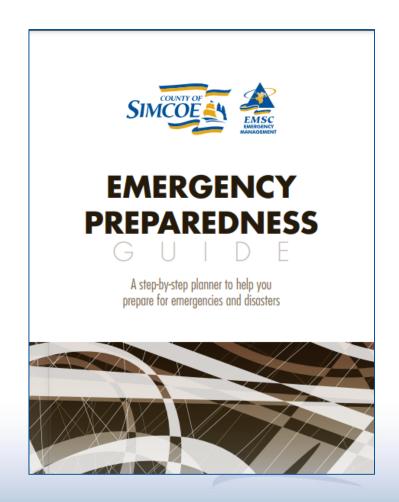
- Know the risks
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Rob Heffernan

Training and Promotion Coordinator/A-CEMC Emergency Management Simcoe County

rob.heffernan@simcoe.ca

simcoe.ca/beprepared







What is A Friendly Voice?

A Friendly Voice is a bilingual, free, confidential "warm line" for older Ontarians, 55+ who just want to chat with a friendly person who cares, without expectations or judgement.

About the Program

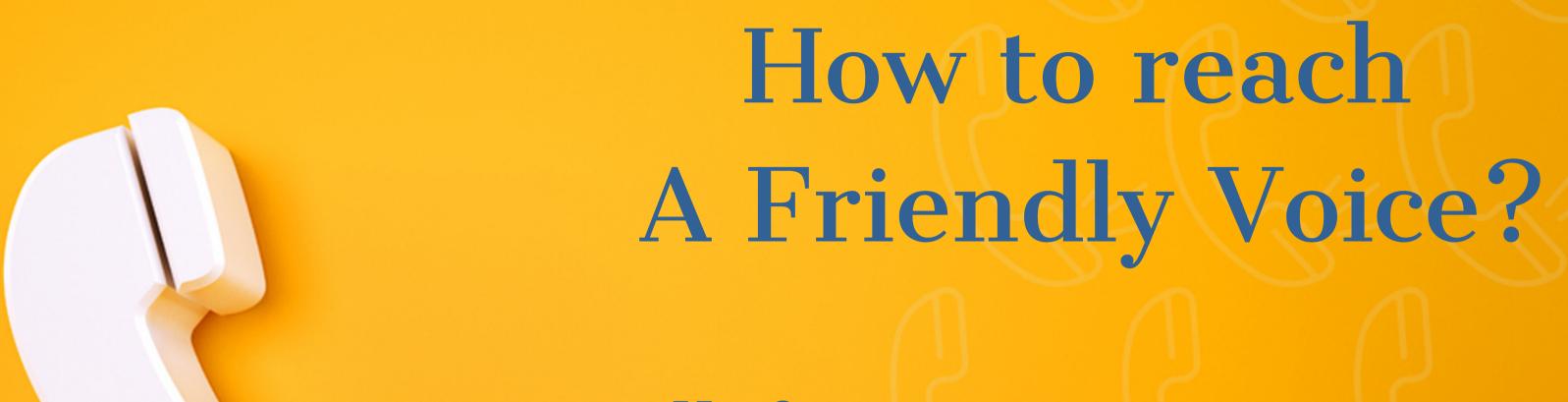
- Visiting phone line for older persons
- Launched in December 2018
- Powered by trained volunteers
- Modelled on The Silver Line in the UK
- Originally funded by The Ontario Trillium Foundation
- Available 365 days of the year from 8am 10pm



- A confidential phone line that older persons can access when they want to chat
- Our trained volunteers provide friendship and links to services in the caller's area
- The phone line is not a distress/crisis line, counselling line, nor a referral service

Why was A Friendly Voice Created?

- To provide an accessible means for older persons who are lonely and isolated to connect with a caring individual
- To assist older persons connect to resources and programs in their community
- To create a positive service that will help reduce the growing epidemic of isolation among the senior population in Ontario



Toll-free: 1-855-892-9992

Ottawa area: 613-692-9992

Our Sponsors



United Way Centraide

East Ontario Est de l'Ontario



New Horizons for Seniors Program



of Canada du Canada

Government Gouvernement

More Questions? Contact:

France Connor
A Friendly Voice Program Manager
Rural Ottawa South Support
Service
613-692-4697 ext 235



