

# Let your child explore...

Have Fun, Connect and Wonder, Pause and Wait

## Let me try new things

I like it when you help me learn how to move.  
You can show me what to do, and then help me practice  
my new moves.

### When working on my new motor skills:

- Help me first, then guide me gently, and encourage me to do it on my own
- Add lots of hugs and laughter to make it fun!
- Distract me from this hard work by singing to me
- Entice me to move by using toys and objects that I love
- Bright, noisy & colourful toys will encourage me to move

### Being with me when I try new things is important because you can:

- Show me how to move
- Share my excitement when I learn new skills
- Have fun with me!

