## Let your child explore...

Have Fun, Connect and Wonder, Pause and Wait

## Help me explore my senses

Everything in the world is new to me so I need to... Look, Touch, Taste, Smell and Move

## I like it when you:

- o Play with my feet
- Give me different things to feel with my hands
- o Give me colourful things to look at
- Carry me around or push me in my stroller
- o Play music for me

## Exploring my senses is important because...

- o It helps me learn about my world
- o It helps me try new things
- o It keeps me feel comfortable with changes around me



