



DROOLING

How can I help my child decrease drooling?

- 1) Help her understand the difference between “wet” and “dry”
 - Try to keep the area dry at all times until she develops the awareness for herself
 - Teach her to wipe her chin. She will need to be reminded.
 - Place sweatbands on her wrist for her to easily wipe any drool or wetness away.
- 2) Cue her to close her mouth and breathe through her nose. Regular reminders will help this become a habit.
- 3) Encourage her to swallow more often.
- 4) Try using a straw. Drinking from a straw encourages lip closure and builds her ability to control liquids including saliva

