

Simcoe County Accessible Trails

March 25, 2015

simcoe.ca

Agenda





- 9:30 9:40 Introduction
- 9:40 − 10:00 − Geordie Gibbon, Accessibility Directorate
- 10:00 10:30 Patrick Connor, OTC
- 10:30 10:55 Jay Cranstone, MMM Group
- 10:55 11:10 BREAK
- 11:10 11:30 Ian Buchanan, York Region
- 11:30 12:30 Panel Q&A





Accessibility in Ontario: Design of Public Spaces

Simcoe County

March 25, 2015





Why Accessibility? The Numbers

15.5%

People with disabilities

- About 1.85 million people in Ontario have disabilities
- Seniors aged 65+ could more than double to 4.1 million by 2036
- By 2017, more seniors than children aged 14 and under



About the IASRWhy these standards?



 Design of Public Spaces is about making public spaces more accessible.



• **Employment** is about making accessibility a regular part of finding, hiring and supporting employees with disabilities.



• **Information and communications** is about helping people with disabilities access information and communications that many of us rely on every day.



 Transportation is about making it easier for everyone to travel in Ontario.



Accessible Public Spaces Why are they important?

- Leisure contributes to overall health and happiness
- 85% of Ontarians live within walking distance of a park, playground or green space
- Parks are places to go for recreation AND places where just being there is recreation
- Recreation and parks are important to fostering healthy children



Parks and Recreation Ontario



Why Accessibility?

Drawing visitors to Ontario

10%

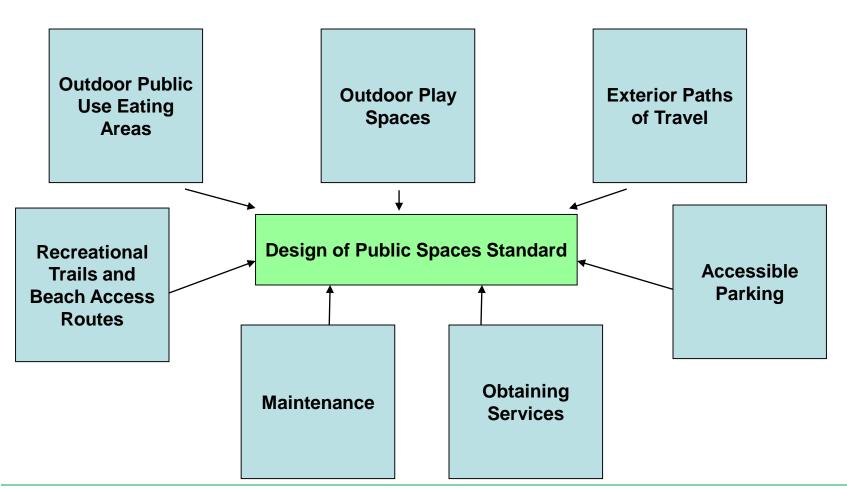
Ontario's land mass covered by parks

- Ontario has over 9 million hectares of parks and protected areas
- About 10 million people use our provincial parks system every year
- Accessibility could bring an increase in tourism spending of \$400 million to \$1.6 billion
- 3% 7% increase in visits



Design of Public Spaces

7 sections





Highlights of Requirements

Who needs to comply?

- Requirements apply to public, private and not-for-profit organizations in Ontario
- Schedule for compliance:
 - Government of Ontario, Legislative Assembly: January 1, 2015
 - Public sector organizations (e.g. municipalities, hospitals, schools): January 1, 2016
 - Large private businesses/non-profit organizations (50+ employees): January 1, 2017
 - Small private businesses/non-profit organizations (1-49 employees): January 1, 2018
- Go-forward basis organizations are not required to renovate or retrofit existing spaces (i.e. no unplanned changes)
- Flexibility built into requirements allows for organizations to consider local circumstances and/or needs when implementing
- Implementation of requirements will result in a minimum level of accessibility across all Ontario communities



Design of Public Spaces

Consultation

- The regulation contains specific requirements for public consultation in the following areas:
 - Recreational trails slope, need & location, location of rest, passing and viewing areas
 - Outdoor play spaces
 - Exterior paths design and placement of rest areas
 - On- street parking need, location and design of accessible on-street parking
- The regulation prescribes who you have to consult
 - People with disabilities
 - The public
 - Accessibility Advisory Committee



Guides to Accessible Public Engagement





Step by step guidance on:

- designing accessible public engagement processes
- organizing and running meetings of all sizes that are accessible to all participants



Recreational trails

- Public pedestrian trails intended for recreational and leisure purposes
- Does not apply to certain types, like wilderness trails, backcountry trails and portage routes









Beach access routes

- For pedestrian use
- Provide access to public beaches from:
 - off-street parking facilities
 - recreational trails
 - exterior paths of travel
 - amenities
- Beach access routes can be permanent or temporary







Outdoor public-use eating areas

People with disabilities will be able to use accessible tables in a variety of public spaces, such as:

- hospitals
- university campuses
- parks

Requirements address:

- number of tables
- design of eating areas
- surface area





Outdoor play spaces





Exterior paths of travel

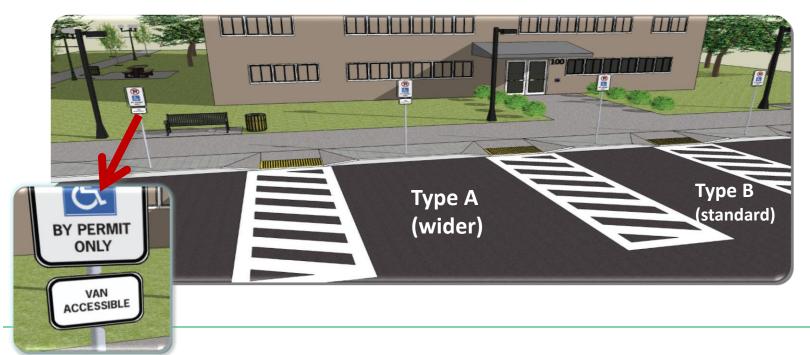
- Sidewalks and walkways that link us between places to work, travel, shop and play
- Includes requirements for:
 - Ramps
 - Stairs
 - Curb ramps
 - Depressed curbs
 - Accessible pedestrian signals
 - Rest areas





Accessible parking

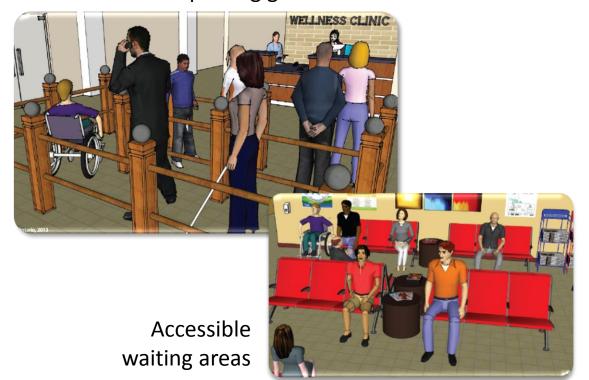
- More off-street and on-street accessible parking spaces
- Minimum numbers and size of spaces
- Access aisles and signage requirements





Service-related elements

Accessible fixed queuing guides





Accessible service counters



Maintenance

Document routine maintenance procedures for accessibility features, such as:

- stairs
- sidewalks
- trails







Exceptions: Design of Public Spaces Standard

- The Integrated Accessibility Standards Regulation includes a number of exceptions, including allowances for practicability.
- Other considerations could include minimizing impacts on wildlife, the environment and cultural heritage
- Organizations ultimately determine if their circumstances require an exception, but they must be able to prove that it was necessary or provide a rationale upon request
- The standard does not prescribe how to document the rationale
- Transition clause excludes contracts entered into before December 31, 2012



Compliance and Enforcement

Audit

May include organizations that:

Did not file

Are "in progress"

Answered "no" to some or all report questions

Said they are in full compliance

Return to Compliance Plan

Return to Compliance Plan used to help non-compliant organizations fully comply and sets a deadline

Enforcement

May include:

Notices of Proposed Order

Inspections

Director's Order, with penalty (\$200 - \$15,000)

Fines, Court Intervention

Failure to respond to a Director's Order within 30 days

\$50,000 per day for an individual

\$100,000 per day for a corporation



EnAbling Change partnershipsOntario Trails Council

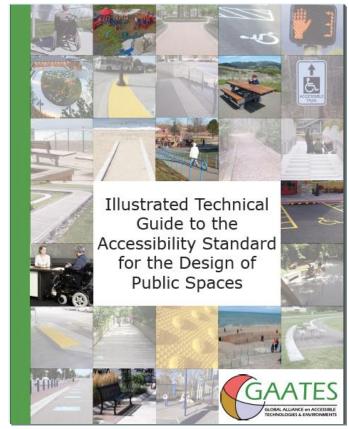
 This project will ensure organizations providing trail management, trail development, and trail use are aware of AODA information and communications requirements.





Global Alliance on Accessible Technologies and Environments (GAATES)

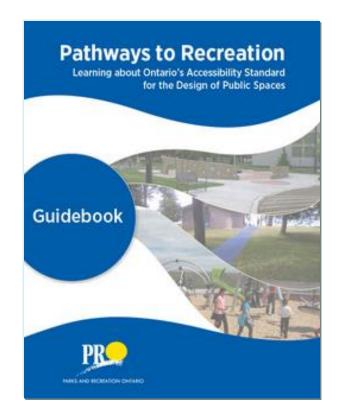
 GAATES produced a DOPS guide, e-learning modules and webinars tailored for Ontario's architects, landscape architects, interior designers, engineers and planners





Parks and Recreation Ontario project

Parks and Recreation Ontario (PRO) has produced a <u>webinar</u> and <u>companion resource guidebook</u> to help prepare owners and operators of recreational facilities, playgrounds, parks and trails for the requirements of the Design of Public Spaces Standard.





Naturally Accessible: Discovering Ontario's Land Trusts

 A project with the Ontario Land Trust Alliance to discover best practices to make land trust properties and programs more accessible









www.AccessForward.ca





AODA Compliance Wizard



- Answer a few questions about your organization, and the Wizard will give you a personalized summary of what you have to do to comply
- Free and user-friendly
- The Wizard can be found at www.Ontario.ca/AccessON



For more information...



ontario.ca/AccessON

ServiceOntario

AODA Contact Centre (ServiceOntario)

Toll-Free: 1-866-515-2025

TTY: 416-325-3408 / 1-800-268-7095

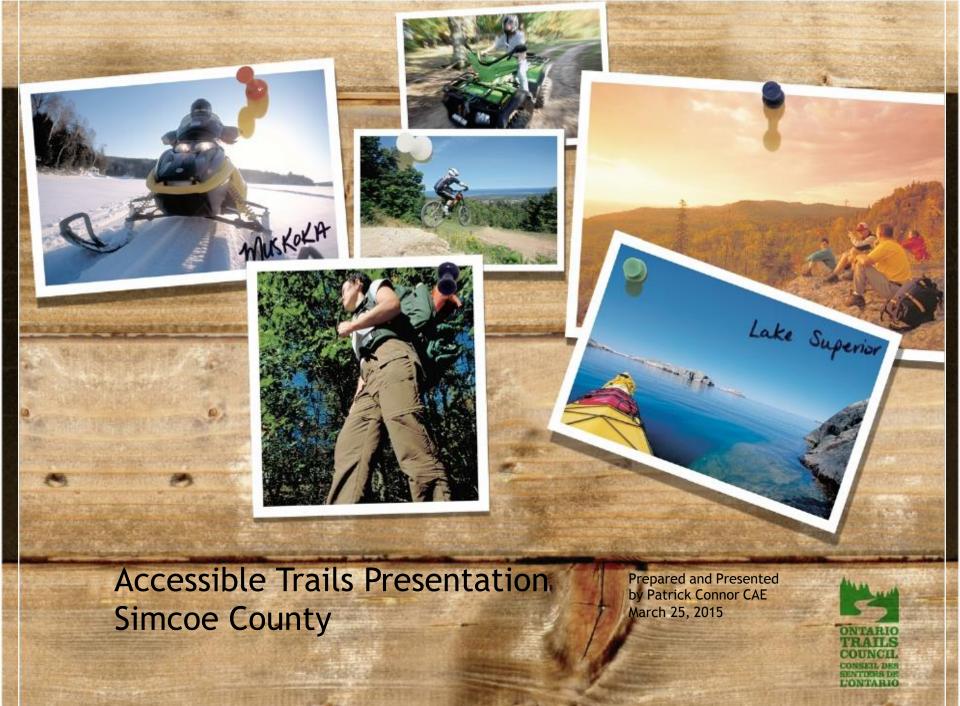
Fax: 416-325-3407







AccessOntario



Management of Trails in Ontario

Ontario Trails Strategy is the high level over arching policy that acknowledges:

51 challenges for trails
A process to support improvement for trails right to the local level
Reduce Conflict
Improve regulation
Support Planning with Funding

Desire – "A world class system of Trails"



Purpose of Session

- To provide a context for accessible trail planning and management practice
- To provide some detail on accessible trails
- Position accessible trails communication in Ontario
- To provide detail on what has worked to organize trail managers and users to address accessible trail needs.





"A marked or beaten path or route through natural or urban areas, and lands in-between facilitating motorized or non-motorized recreation on single or shared use tracks, over natural or built areas."

Ontario Recreational Framework, September 2011



What are we managing?

- Recognize trail(s) as outdoor recreational infrastructure
- A complex operating environment
- Multiple uses or Single or Shared
- Land Management Authority
- Species at Risk
- Greater Public Accessibility



Tools of Management - Recreational Trails

- Hours of operation
- Controlled Access
- Conduct Rules
- Training
- Development and Education Program
- Emergency response
- Community Involvement
- Funding
- Governance
- Staff



<u>Planning to ensure good Management - Recreational Trails</u>

- Controlled Access managed, posted and published
- Conduct Rules policy and regulation, signage
- Training developmental to elite for users
- Development and Education Program for users
- Emergency response community supported, system(s) supported
- Community Involvement fundraising, clubs, associations
- Funding government, grants, fundraising
- Governance Boards, Committees, Councils, Ministries
- Staff trained, available, funded, professional development
- Hours of operation posted and communicated



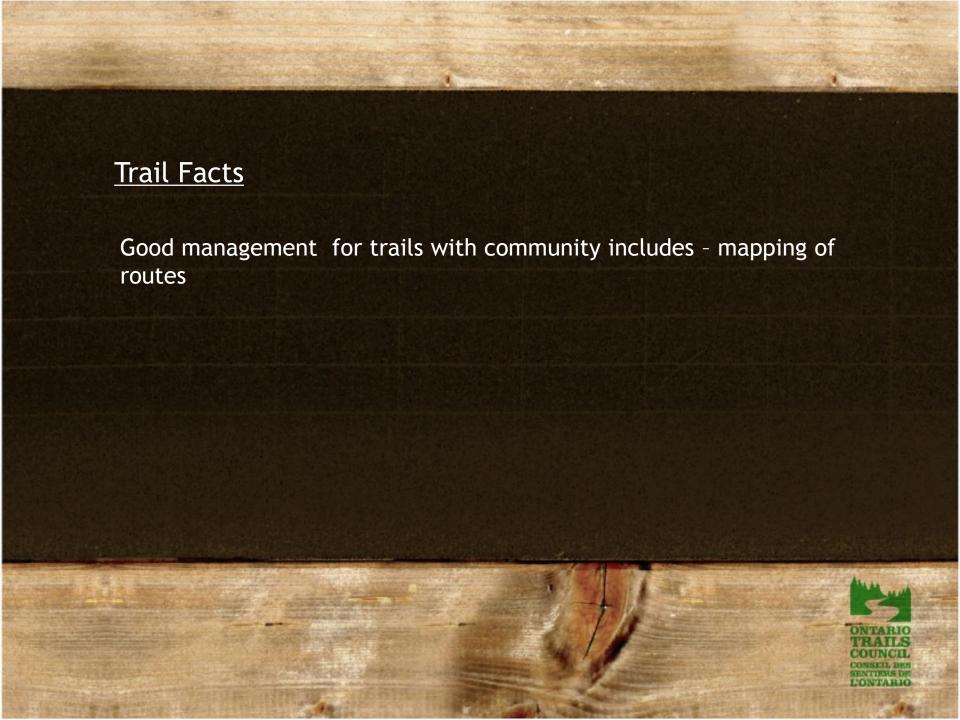
Trail Facts

Good management means understanding what you are trying to manage

Inventory
Location
Investment
Use
Development

Management Process - The Regional Trail Committee













Search by name

SEARCH

-All Regions-

0

Simcoe

0

-All Closest Towns-



GO

116 - TRAILS FOUND

Alcoa Trail

Length: 0.8 km | Difficulty: 1 of 5

Alexander Hope Smith Reserve Hiking Loop

Length: 4 km | Difficulty: 2 of 5

Alliston & District Snowmobile Club Trail

Length: 200 km | Difficulty: 2 of 5

Beaver Pond Trail at Awenda

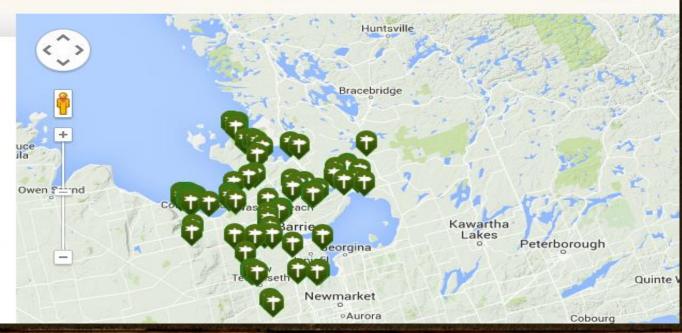
Length: 1 km | Difficulty: 1 of 5

Beach Trail at Awenda Provincial Park

Length: 4 km | Difficulty: 2 of 5

Barrie Ganaraska Hiking Trail

Length: 50 km | Difficulty: 3 of 5









Search Term

MOBILE

FRANÇAIS

Find a Trail By name, activity or region

Connect

Learn

Share, connect & get involved

Courses, conferences & res

LEARN / TRAIL RESOURCES / Accessible Trails

Accessible Trails

The Ontarians with Disabilities Act is proposing many changes in order to improve accessibilty for persons with a disability. This includes such things as access to arenas, pools, banks, office buildings and trails. The Ontario Trails Council encourages safe and responsible use of all trails, by all, for all.

In the future we are looking forward to an environment that allows for as many Ontarians as possible to get out and get active. To explore trails and the great outdoors. The OTC respectfully reminds all persons to: trail smart, plan before you go, know your limits, understand the environment and your capabilities, and plan to return home safe and sound.

Trail Name

Trail Accessibility

A.Y. Jackson Lookout

Partial wheelchair access







Website Accessibility Facts

Good management for trails with community includes - identifiers for accessible trails information for the people that may need to use it.

Making your website accessible





People with vision loss or low vision may need to use accessibility tools like:

- screen readers or navigable audiobooks
- refreshable Braille displays or Braille embossers
- large monitors or screen magnification software.

Providing an accessible website allows people to use software that will turn text into speech or Braille and navigate through the website without relying on vision.



People with hearing loss often rely on:

- text alternatives for audio information such as transcripts for video.
- some people with hearing loss may rely on images to understand context.



Some people with physical disabilities may use:

- a specialized mouse, keyboard, or pointing device
- speech recognition software,
- an eye-gaze system, or other assistive technologies to navigate a web page



People with developmental and learning disabilities rely on:

- information provided in clear language, and
- a simple layout

Individuals who use assistive technologies may require additional time to respond to requests for information or choices.



Website and Communication Accessibility Resources

- OTC Guide for Trails Organizations Accessible Communications
- Web Site Checkers WCAG compatible?
- RDG Access Ability Best Practices Handbook
- CNIB Web and Digital Accessibility and Accessibility Resources
- Ontario Trails "Trails for All-Ontarians-Design of Trails"
- GAATES The Illustrated Technical Guide to the Accessibility Standard for the Design of Public Spaces
- Pathways to Recreation: Learning about Ontario's Accessibility Standard for the Design of Public Spaces
- Accessible Customer Service Standard
- Integrated Accessibility Standards Regulation







Simcoe County Accessible Trails

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Senior Landscape Architect

Associate

March 25, 2015

Applying the Accessibility
Standards for the Built
Environment to Trails

Outline

- Definitions
- Design Requirements
- Consultation
- Signage
- Putting It Into Practice
- Useful Resources



Definitions

Accessibility for Ontarians with Disabilities Act, 2005 - O. Reg. 191/11

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80. Duties of municipalities, taxicabs
PART IV.1

DESIGN OF PUBLIC SPACES STANDARDS (ACCESSIBILITY STANDARDS FOR THE BUILT ENVIRONMENT)



ServiceOntario e-Laws

Français

Accessibility for Ontarians with Disabilities Act, 2005

ONTARIO REGULATION 191/11

INTEGRATED ACCESSIBILITY STANDARDS

Consolidation Period: From January 1, 2013 to the e-Laws currency date.

Last amendment: O. Reg. 413/12.

9. 10. 11. 12. 13. 14. 15. 16. 17. 18. 19.

20. 21. 22. 23. 24. 25. 26.

This is the English version of a bilingual regulation.

Pumose and application

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| Accessibility plans |
| Procuring or acquiring goods, services or facilities |
| Self-service kiosks |
| Training |
| Exemption from filing accessibility reports |
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| Definitions and exceptions |
| Application |
| Feedback |
| Accessible formats and communication supports |
| Emergency procedure, plans or public safety information |
| Accessible websites and web content |
| Educational and training resources and materials, etc. |
| Training to educators |
| Producers of educational or training material |
| Libraries of educational and training institutions |
| Public libraries |
| PART III |
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| Informing employees of supports |
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| |

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Definitions

Recreational Trail

- Public pedestrian trails
- Intended for recreational and leisure uses

Beach Access Route

- Public pedestrian use
- Access to an area of a beach that is intended for recreational use by the public

Exterior Path of Travel

- Outdoor sidewalks or walkways for pedestrian travel
- Serve a functional purpose, not a recreational experience

Recreational Trail







Beach Access Route





Exterior Path of Travel



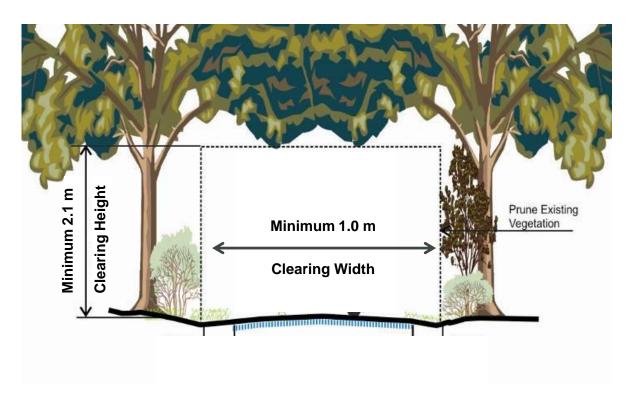




Sections 80.6 to 80.9

Technical requirements for Recreational Trails

- Minimum trail clear width of 1.0 m
- Minimum trail head room clearance of 2.1 m



Surface

- Firm and stable trail surface
- Resists permanent indentation
 - Concrete and Asphalt
 - Wood (e.g. boardwalk)
 - Granular Surfaces
 - Packed Earth and Soil Cement
 - Wood chips



Openings in the Surface

- Does not allow passage of an object greater than 20 mm in diameter
- Oriented perpendicular to the path of travel
- Edge protection when next to water or a drop off









Entrances

- Where gates, bollards or some other form of trail entrance is used
- Opening between 850 mm and 1000 mm to allow passage for mobility devices





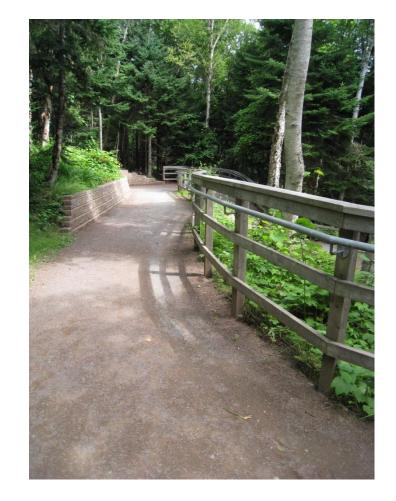
Exceptions

- The requirements, or some of them, would likely affect the cultural heritage value or interest of a property identified,
 - designated or protected under the Ontario Heritage
 Act,
 - places designated as National Historic Sites under the Canada National Parks Act (Canada),
 - or historic places marked or commemorated under the Historic Sites and Monuments Act (Canada).



Exceptions

- Indirectly or directly damage, the cultural heritage or natural heritage resources on a property included in the list of United Nations Educational, Scientific and Cultural Organization's (UNESCO) World Heritage sites.
- Significant risk of adversely affecting (directly or indirectly) water, fish, wildlife, plants, invertebrates, species at risk, ecological integrity or natural heritage values



Exceptions

- It is not practicable to comply with the requirements
- Existing physical or site constraints prohibit modification or addition of elements, spaces or features needed to meet accessibility requirements



Recreational Trails - Consultation

Consult

- With the public and persons with disabilities
- Representatives of the local Accessibility Advisory Committee
- Early in the process to understand the opportunities and challenges
- To determine if the trail can be designed to be accessible
- At key milestones during the detailed design process
- When developing signage



Trail head signage - easily understood and detectable by users of all abilities,

- Trail length
- Type of surface
- Average and minimum trail width
- Average and maximum running slope and cross slope, and the
- Location of amenities

Users can make an informed personal decision about which trails they will use.



- Sans serif fonts (e.g. **S VS. S**)
- Pictograms where possible, appropriate
- High tonal contrast between text and background



Source: York Region



Contrast: Guideline a minimum 70% based on Light Reflectance Value (LRV)

- LRV measures the amount of visible and usable light that reflects from or absorbs into a painted surface.
- percentage of light a paint color reflects.
- Values from 0 to 100
- absolute black = 0 (absorbing all light)
- pure white = 100 (reflecting all light)
- Contrast = (B1 B2) x 100 / B1
 - B1 = LRV of the lighter area
 B2 = LRV of the darker area



Source: York Region



- http://asisignage.com/resources/lrv-calculator
- http://asisignage.com/Portals/2/new_colormodule_ mx.swf



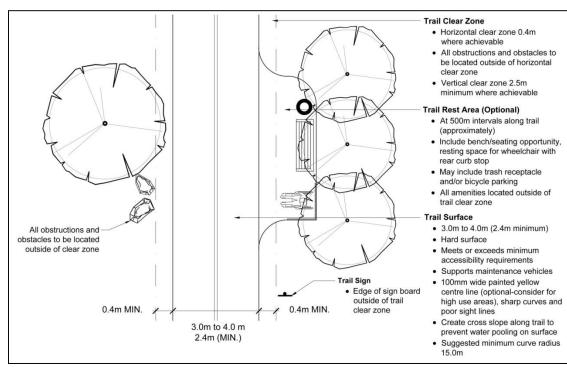
- http://asisignage.com/resources/lrv-calculator
- http://asisignage.com/Portals/2/new_colormodule_ mx.swf





Putting it into Practice

- Classify your trail system
 - Technical Classification
 - Easy to understand classification
 - Have a document showing examples of various trail types (e.g. Recreational Trail, Beach Access, Path of Exterior Travel, Wilderness Trail)



Putting it into Practice

- Consult with Accessibility Representatives and present to local Accessibility Advisory Committee if asked / invited
- Document your decisions
- Develop a checklist
- Review interpretations with the Directorate
- Monitor and adapt



Some Useful Resources

Ontario Regulation 191/11
http://www.e-laws.gov.on.ca/html/regs/english/elaws_regs_110191
e.htm#BK94

Guide to the Integrated Accessibility Standards Regulation http://www.mcss.gov.on.ca/en/mcss/programs/access ibility/other_standards/iasr_2012/toc_iasr.aspx

Illustrated Guide to the Accessibility Standard for the Design of Public Spaces

http://gaates.org/wpcontent/uploads/2014/pdf/DOPS_Illustrated_Guide_1 40527_FINAL.pdf





BREAK

York Regional Forest Accessible Trail Initiative - Nature for All -

Accessible Trails Training
Simcoe County
Wednesday March 25th, 2015

Ian Buchanan
Manager Natural Heritage & Forestry
Environmental Promotion and Protection
Regional Municipality of York



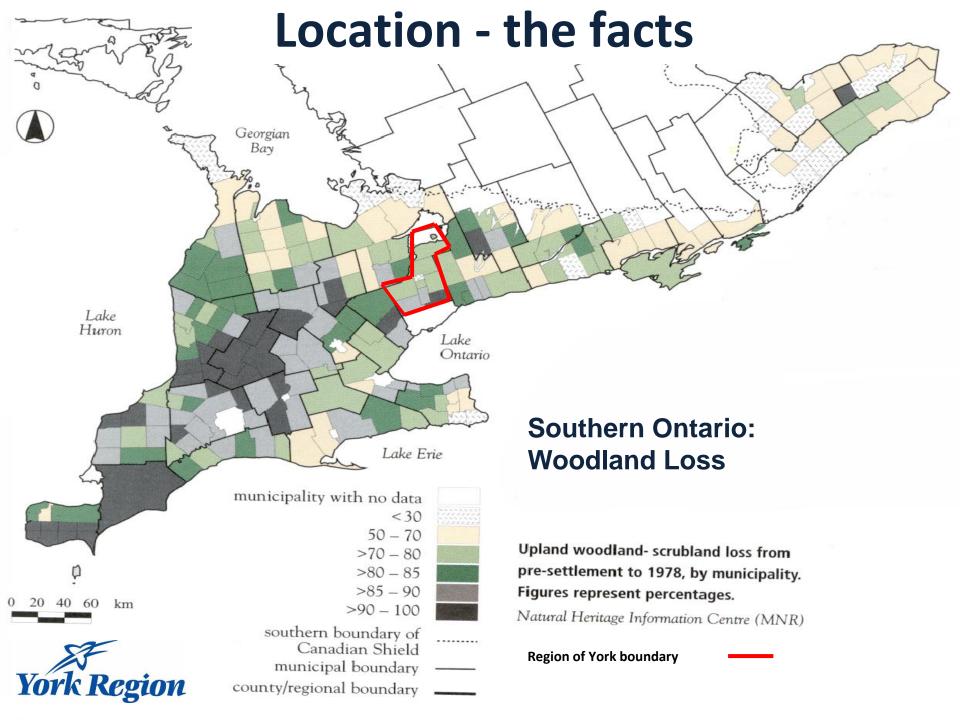
OUTLINE:

- Who Regional Municipality of York
- Why accessibility?
- Where York Regional Forest
- What 1st Trail chronology of events
- How Design Guideline
- What's next.....
- Lessons learned



Urban Forest Innovation - Planning, Practice and Design





Location - the numbers

- Largest metropolitan area in Canada
- Part of Greater Toronto Area
- Within 2 hours drive for 6+ M people in the GTA
- Population currently 1,000,000 +
- 9 local municipalities
- Land base 1,776 km²



Legislation and Standards



- Accessibility for Ontarians with Disabilities Act, 2005 (AODA)
- Preliminary Draft Built Environment Standard, 2007
- Integrated Accessibility Standards Regulation, 2012
- Design of Public Spaces Standard applies to outdoor spaces including recreational trails
- Accessibility in buildings through Ontario Building Code
- Applies to new or redeveloped public trails intended for recreation and leisure, <u>but</u> not wilderness or backcountry trails e.g. those built in a way to reduce environmental impact
- Includes design standards for trails, signage and parking



Why Accessibility?

- 1.85 M people in Ontario have a disability 15.5% (1 in 7)
- As population ages this increases to 1 in 5 by 2036
- The number of seniors 65 and over will more than double by 2036
- By 2017 for the first time, seniors will account for a larger proportion of the population than children under 14



Accessibility Benefits Everyone



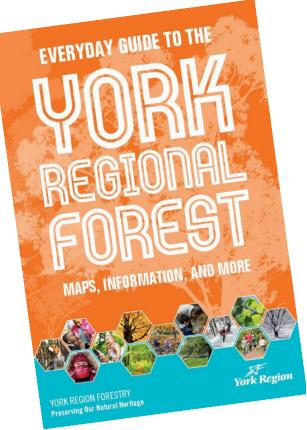
York Regional Forest

- 1800's forests cleared for pioneer settlement
- 1920's Agreement Forest Program to restore degraded landscapes
- 2001 1st public forest to be FSC certified in Canada
- 21 properties, 2,300 hectares, 120 km of multi use trails















York Regional Forest

- 20 year Forest Management Plan (1998 2018) and 5 year Operating Plans
 - Demonstration forest :
 - > silvicultural management
 - public land management
 - wildlife habitat
 - environmental education
 - passive recreation
 - > trail design and management





Trails Use and Management

- Access for maintenance, management and emergency access
- Multi-use trails much on ORM
- Public recreation including:
 - hiking & dog walking
 - mountain biking
 - nature appreciation
 - horseback riding
 - hunting
 - snowshoeing/x-country skiing



Accessible Trail – the beginning

- 2008 Region Accessibility Advisory Committee request to review legislation and evaluate options for accessible trails
- 2009 Accessible Trail Sub-committee
- Forest Public Advisory Team input
- Meetings, tours, site criteria etc.
- Hired expert to inform the process
- Primarily mobility and sight disabilities focus





Consultation, Collaboration and Learning



1st Accessible Trail at the Hollidge Tract

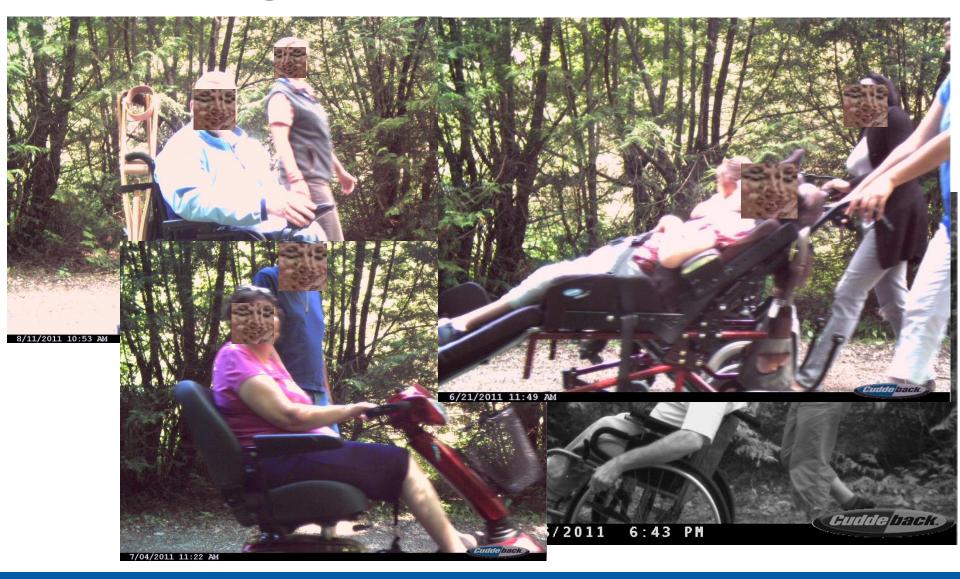
- 1 km loop re-construction selected in the Hollidge Tract – key location
- Trail design based on <u>draft</u> Build Environment Standard - criteria
- 2010 summer trail designed and constructed
- Official opening September 2010
- Promotion tours, brochures,
 web site, 360° images
- Monitoring trail cam, interviews, surveys, car counts...







Monitoring - Trail Cam



Monitoring - Trail Cam





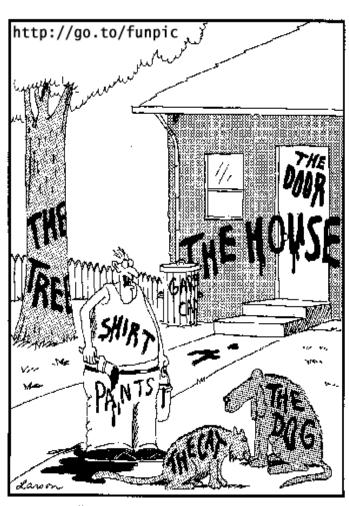




Integrated Accessibility Standard - 2012

Regulation Sect. 80.9 (1) - requirements:

- Width min. (1m) & height (2.1m)
- Firm and stable surface
- Surface 'openings' criteria
- Edge guard (5cm) at water or drop off
- Trail head signage length, surface type, avg. & min. trail width, avg. & max. running slope and cross slope, location of amenities (if provided)
- Consultation ('approval') with Accessibility Advisory Committee on the specific criteria



"Now! ... That should clear up a few things around here!"



Building on Success – 2012/13

- Fall 2012 RFP for accessible trails based on our approved criteria:
 - Design guidelines to address requirements of 2012 Integrated Accessibility Standard
 - Detailed design for accessible trails in the; North Tract (2 km), Hollidge Tract (3 km), Eldred King Tract (2 km), Hall Tract (2 km)
 - 9km of shovel ready projects for implementation over next 10 years







York Region Accessible Trail Guideline

2013 specifications approved by Accessibility Advisory Committee:

- Width 1.5m allows for turning
- Surface firm, stable (screenings)
- Cross slope recommended < 1:20 (5%) never > 1:10 (10%)
- Running slope rec.1:20 (5%) never
 > 1:10 (10%) max. & resting places
- Resting intervals and seating
- Others...







Next Steps & Lessons Learned

- 2014 just completed construction of 2 km loop in North Tract
- Continued promotion of accessible trails – tours, events - spread the word, Google pilot (street view)
- Reconstruction or new trails not that complex, not that expensive
- 2015 new Forest Stewardship and Education Centre – accessible facility and trail hub
- Personal and professional learning





Who benefits ... we all do



Become an Accessibility Champion!







